



Vlad-Alexandru Muntianu

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● WORK EXPERIENCE

01/09/2017 – 10/02/2021 – Iași, Romania

PRIMARY SCHOOL TEACHER – ȘCOALA GIMNAZIALĂ „ION SIMIONESCU”

Guiding the practical activity towards the improvement of the main motor elements of scholars.

01/10/2017 – 01/10/2019 – Iași, Romania

UNIVERSITY TEACHING ASSISTANT – UNIVERSITATEA „ALEXANDRU IOAN CUZA”

Physical education classes with the students of the faculties from University „Alexandru Ioan Cuza” from Iași

14/02/2021 – CURRENT – Iași, Romania

UNIVERSITY ASSISTANT INSTRUCTOR – UNIVERSITATEA „ALEXANDRU IOAN CUZA”

Teaching specific subjects from the curriculum of the Faculty of Physical Education and Sport from Iași

Participation in scientific conferences

Engaging in field-specific research

01/06/2018 – CURRENT – Iași, Romania

VOLUNTEER – TABĂRA „JUNIOR SMILE”

Various motor activities

Hiking and trekking

Mountain biking

Kayak

Swimming

17/11/2017 – 17/11/2017 – Iași, Romania

VOLUNTEER – ASOCIAȚIA AS NATURA

Participating in the organization of activities carried out in order to obtain a new world record for this activity

08/10/2016 – 09/10/2016 – Iași, Romania

VOLUNTEER – FUNDAȚIA SPORTULUI IEȘEAN

Arranging the route and guiding the participants during the competition

02/02/2022 – CURRENT – Iași, Romania

VOLUNTEER – UNIVERSITATEA „ALEXANDRU IOAN CUZA”

Fulfilling the established tasks and observing the norms in force;

Participation in the activities organized within GI-UAIC-2021-09;

Realization of photo/video materials for the promotion of the activities carried out within GI-UAIC-2021-09;

Providing the necessary support to the students from the target group for good development of the activities;

Guidance to outsiders who may disrupt the conduct of GI-UAIC-2021-09 to the project manager;
Compliance with university regulations;
Participation in meetings scheduled in order to organize the activity that takes place in a voluntary manner;

30/09/2020 – CURRENT – Iași, Romania

PROJECT MEMBER - CAPA „CUM AJUNG PROFESOR/ANTRENOR?” (HOW DO I BECOME A TEACHER/TRAINER?) – UNIVERSITY „ALEXANDRU IOAN CUZA”

Implementing activities to guide high school students in order to guide them in choosing the best option after completing high school

● **EDUCATION AND TRAINING**

01/10/2014 – 14/07/2017 – Str. Toma Cozma, nr. 3, Iași, Romania

LICENSE IN PHYSICAL EDUCATION AND SPORTS – Faculty of Physical Education and Sports

<https://www.sport.uaic.ro/>

01/10/2017 – 14/06/2019 – Str. Toma Cozma, nr. 3, Iași, Romania

MASTER'S DEGREE - FITNESS AND BODY AESTHETICS – Faculty of Physical Education and Sports

<https://www.sport.uaic.ro/>

01/10/2019 – CURRENT – Str. Toma Cozma, nr. 3, Iași, Romania

PHD IN SPORTS SCIENCE AND PHYSICAL EDUCATION DOMAIN – Faculty of Physical Education and Sports

● **LANGUAGE SKILLS**

Mother tongue(s): **ROMANIAN**

Other language(s):

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken production	Spoken interaction	
ENGLISH	C1	C1	C1	C1	C1
PORTUGUESE	B1	B1	A2	A2	A2

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

● **DIGITAL SKILLS**

IBM Statistics SPSS | Microsoft Office | Google (Google Drive, Google Docs, Google Slides) | Social Media

● **DRIVING LICENCE**

Driving Licence: B

● **CONFERENCES AND SEMINARS**

23/11/2019 – 25/11/2019 – Universitatea „Alexandru Ioan Cuza” din Iași

Conferința Internațională a Consorțiului Universitaria - Ediția a VI a

Participarea la organizarea conferinței și realizarea unui articol de cercetare în vederea participării în cadrul acesteia

11/06/2020 – 13/06/2020 – Universitatea Națională de Educație Fizică și Sport

International Congress of Physical Education, Sports and Kinetotherapy - 10th Edition

<https://congres.unefsb.ro/>

28/05/2020 – 30/05/2020 – Constanța

To the 20th INTERNATIONAL SCIENTIFIC CONFERENCE “PERSPECTIVES IN PHYSICAL EDUCATION AND SPORT”

<http://fefs.univ-ovidius.ro/conferinta>

11/10/2019 – 13/10/2019 – Universitatea „Babes Bolyai” din Cluj

The fifth International Conference of the Universitaria Consortium Education for Health and Performance

<http://sport.ubbcluj.ro/conferinte-fefs/>

15/11/2019 – 16/11/2019

8th International Scientific Conference (ISCB)

[https://www.ub.ro/smss/files/facultati/fsmss/cercetare/2019/ISCB/Invitatie ISCB 2019 First announcement - 1.pdf](https://www.ub.ro/smss/files/facultati/fsmss/cercetare/2019/ISCB/Invitatie%20ISCB%202019%20First%20announcement%20-%201.pdf)

06/11/2020 – 07/11/2020 – Universitatea de Vest din Timișoara

FEFSTIM: Physical Education, Sports and Kinesiology – Implications in quality of life

<https://fefstim.uvt.ro/wp-content/uploads/2014/07/Program-FEFSTIM2020-pentru-site-finalb.pdf>

13/09/2021 – 17/09/2021 – Opatija, Croația

9 th International Scientific Conference on Kinesiology,

<https://www.kif.unizg.hr/news/16755/9-Conference-Kinesiology-2021-Proceedings-final-za-objavu-web.pdf?fbclid=IwAR37oWMVpr91tmgEpQxeAjYqjZrz2cTktShDDy337bhklzW2nneg03UPiw>

22/04/2019 – 24/04/2019 – Universitatea de Vest din Timișoara

Student Scientific Communications Session - Universitaria Cup

● HONOURS AND AWARDS

30/09/2019

Excellence award for special academic performance – BRD - Grupe Societe Generale
