

PERSONAL INFORMATION

Beatrice-Aurelia ABALAȘEI



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🌐 <http://www.sport.uaic.ro/>

POSITION

Dean
Professor, PhD, habil.

WORK EXPERIENCE

29/07/2016 - present

Dean

“Alexandru Ioan Cuza” University Iași (Romania)
Faculty of Physical Education and Sport

Str. Toma Cozma Nr. 3, 700554, Iași, România <http://www.sport.uaic.ro/>

- Management and leadership of the Faculty of Physical Education and Sport.
- President of the Faculty's Council.

2024 - present

President

Forum of the Deans of Romanian Faculties of Physical Education and Sport

2020 – present

Member of the CNATDCU 2020-2024 specialty commission

(28. Psychology, education sciences, physical education, and sport)

National Council for the Accreditation of University Degrees, Diplomas and Certificates (CNATDCU)

Bucharest, Romania <http://www.cnatdcu.ro/paneluri-cnatdcu/>

04/05/2021 – present

ARACIS Expert Evaluator – Doctoral Supervisors

(the field of Science of Sport and Physical Education)

Romanian Agency for Quality Assurance in Higher Education (ARACIS)

Bucharest, Romania <http://www.aracis.ro/>

- Evaluating study programs.(doctoral studies)

2019 - present

Head of the Doctoral School

“Alexandru Ioan Cuza” University Iași (Romania), Faculty of Physical Education and Sport
Doctoral School of Sports Science and Physical Education

<http://www.sport.uaic.ro/>, <http://www.sport.uaic.ro/programe-de-studii/program-de-studii-doctorale/>

- Attributions: ensures the collaboration between The Doctoral School and the departments or the faculties of the UAIC; makes sure the law is observed in the organisation and unfolding of the entire activity within the Doctoral School; ensures the representation of the Doctoral School in the board of the IOSUD-UAIC; elaborates the Curriculum for the Advanced Higher Education Program (PPUA) and submits it to the CSD for approval; elaborates the payrolls and submits them to the CSD for approval; drafts up the Income and expenditure Budget of the Doctoral School, with support from the faculty's management; organises and monitors the activities carried out within the doctoral candidates' programs; organises and monitors the doctoral enrolment contest; approves the commissions for the public defence of the doctoral theses; approves the public defence of the doctoral theses.

18/02/2019 - present

University Professor

“Alexandru Ioan Cuza” University Iași (Romania)

Faculty of Physical Education and Sport

- **Teaching activity** - teaching lectures and practical works for bachelor and master studies, evaluation activities within the teaching process (written exams, oral exams, practical assessments); supervising diploma and master theses; elaborating handbooks, manuals, practical guides; consulting for diploma, master, doctoral theses, seminar homework, practical works and research projects; research activities specific to the field, organisation and participation to scientific events; assessment and selection of modern methods for practical works; organising competitions; coordinator of students – year/group counsellor. Doctoral tutoring (2019).
- **Coordinator of volunteer activities**, specific to the students within the specialty of *Kinesiotherapy and Special Motricity*.
- **Tenured holder of the following disciplines:** *Scientific Fundamentals of Sports Games: Handball, Communication in Sports Science and Physical Education, Psychomotricity, Applications of Psychomotricity to Fitness, Sports Psychology, Applications of Psychomotricity to Physical Education and sport.*

2020 - 2024

Member – Commission for master's studies and doctoral programs

Permanent specialty Commission of “Alexandru Ioan Cuza” University Iași Senate (Romania)

2020 - 2024

Member – “Alexandru Ioan Cuza” University Iași Senate

“Alexandru Ioan Cuza” University Iași (Romania)

2019 - present

Doctoral supervisor

“Alexandru Ioan Cuza” University Iași (Romania), Faculty of Physical Education and Sport
Doctoral School of Sports Science and Physical Education

<http://www.sport.uaic.ro/>, <http://www.sport.uaic.ro/programe-de-studii/program-de-studii-doctorale/>

01/08/2002 - present

President

“Alexandru Ioan Cuza” University Iași Sports Club Association (Romania)

Str. Toma Cozma Nr. 3, 700554, Iași, România

Organising performance sports activities.

18/02/2013 – 17/02/2019

Associate Professor

“Alexandru Ioan Cuza” University Iași (Romania)

Faculty of Physical Education and Sport

- **Teaching activity** - teaching lectures and practical works for bachelor and master studies, evaluation activities within the teaching process (written exams, oral exams, practical assessments); supervising diploma and master theses, elaborating handbooks, manuals, practical guides; assessment activities in diploma, master, and doctoral commissions; consulting for diploma, master, postgraduate theses, seminar homework, practical works and research projects; research activities specific to the field, organisation and participation to scientific events; assessment and selection of modern methods for practical works; organising competitions, coordinator of students – year/group counsellor; practicum coordinator.
- **Coordinator of volunteer activities**, specific to the students within the specialty of *Kinesiotherapy and Special Motricity*.
- **Tenured holder of the following disciplines:** *Scientific Fundamentals of Sports Games: Handball, Communication in Physical Education and Sport, Psychomotricity, Applications of Psychomotricity to Fitness, Pedagogical Training for Mandatory pre-University Education (1+2).*

01/03/2012 – 29/07/2016

Vice-dean

“Alexandru Ioan Cuza” University Iași (Romania)

Faculty of Physical Education and Sport

Teaching activity management.

06/06/2015 - 01/08/2015

Expert

Caritas Diocesan Centre Iași (Romania)

Short-term expert within the project "Act. IS – We Act for Social Inclusion"

01/08/2013 – present

ARACIS evaluator in the field of Physical Education and Sport

THE ROMANIAN AGENCY FOR QUALITY ASSURANCE IN HIGHER EDUCATION (ARACIS)

Bucharest, Romania <http://www.aracis.ro/>

- Assessing the curricula.

2008 - present

Member of the Faculty Council

"Alexandru Ioan Cuza" University Iași (Romania)

Faculty of Physical Education and Sport

2011 - present

Mediator

The Regional Negotiation and Facilitation Centre, Iași (Romania)

- Conflict mediation.

2016

Professional skills evaluator

Foundation Arbitrage and Mediation Chamber Iași (Romania)

01/10/2008 – 17/02/2013

Lecturer

"Alexandru Ioan Cuza" University Iași (Romania)

Faculty of Physical Education and Sport

- **Teaching activity-** teaching lectures and practical works for bachelor and master studies, evaluation activities within the teaching process (written exams, oral exams, practical assessments); supervising diploma theses, membership in diploma, master and admission commissions, tutoring theses for obtaining tenure in pre-university education; coordinator of students – year/group counsellor; research activities specific to the field, organisation and participation to scientific events; assessment and selection of modern methods for practical works; seminar homework, practical works and research projects; organising competitions, coordinating the admission contest.
- **Coordinating volunteering activities.**
- **Erasmus coordinator.**
- **Tenured holder of the following disciplines:** *Scientific Fundamentals of Sports Games: Handball, Communication in Physical Education and sport, Psychomotricity, Applications of Psychomotricity to Fitness, Pedagogical Training for Mandatory pre-University Education(1+2), Specialised training in a sports branch: level 1+2 beginners – Handball, Specialised training in a sports branch: level 1+2 advanced – Handball, Trainer practicum, Handball: technical and tactical fundamentals, Fitness gymnastics and therapy at home for the elderly, Handball in school, Psychomotricity/psychomotor re-education, Mediation of organisational conflicts.*

01/10/2002 – 01/10/2008

Teaching Assistant

"Alexandru Ioan Cuza" University Iași (Romania)

Faculty of Physical Education and Sport

- **Teaching activity-** teaching lectures and practical works for bachelor and master studies, evaluation activities within the teaching process (written exams, oral exams, practical assessments); supervising diploma and master theses, membership in diploma and admission commissions; coordinator of students – year/group counsellor; research activities specific to the field, organisation and participation to scientific events; elaborating handbooks, manuals, practical guides; consulting for diploma theses; organising competitions; managing the website of the Faculty of Physical Education and Sport; organising the schedule of the Faculty; elaborating the Admission Guideline, the Student's Guideline; participation in national and international research projects, as a member; writing research projects.
- **Tenured holder of the following disciplines:** *Handball: technical and tactical fundamentals, Handball in school, Psychomotricity/psychomotor re-education, Specialised training in a sports branch: level 1+2 beginners – Handball, Specialised training in a sports branch: level 1+2 advanced – Handball, Swimming: initiation in the technique of procedures, Swimming: learning methods, Theory of games and competition, Handball, Tourism-orientation practice, Game theory, Physical Education and sport in other faculties.*

01/10/1998 – 01/10/2002

Junior Teaching Assistant

"Gheorghe Asachi" Technical University Iași (Romania)

- Main activities and responsibilities: formal education; nonformal education; scientific research; organising sports events.

01/09/1996 – 01/10/1998

Physical Education and Sport Teacher

“Garabet Ibrăileanu” National College, Iași (Romania)

EDUCATION AND TRAINING

28/09/2017

Habilitation Certificate in the field of postgraduate doctoral studies in the Science of Sports and Physical Education

“Babeș-Bolyai” University Cluj-Napoca

Str. Mihail Kogălniceanu nr.1, Cluj-Napoca (Romania)

<https://doctorat.ubbcluj.ro/ro/beatrice-aurelia-abalasei-valentele-modelatoare-ale-educatiei-fizice-si-sportului-the-modelling-valences-of-physical-education-and-sports/>

2016

Graduation Certificate, *Professional Skills Evaluator*

Foundation Arbitrage and Mediation Chamber Iași (Romania)

- Professional skills acquired: planning and organising the evaluation; recording and reporting the results of the assessment; conducting the review; developing the evaluation tools; analysing the information and making decisions regarding skills acquisition; internal assessment of the evaluation processes; external assessment of the evaluation processes.

2012

Graduation Certificate – specialty didactics

Pitești University (Romania), Institute of Training and Performance Muntenia, Faculty of Education Sciences

Postgraduate professional training and development program: *Quality, innovation, communication in the lifelong training system of higher education didactic experts*

- Subjects studied: Developing the training program in specialty didactics; Modern training methods in specialty didactics; Coaching methods and techniques used in pedagogical practicum.

01/10/2004 – 01/10/2008

Doctor in Psychology

Level 8 CEC

“Alexandru Ioan Cuza” University Iași (Romania), Faculty of Psychology and Education Sciences
Thesis title: “*Social representation of violence in sport. Focus on the spectators of team sports*”

- General knowledge: acquiring, interpreting, and developing top expertise in the doctoral field;
- General skills: developing research techniques and applying them in various and specific contexts; theoretical construct and professional application; academic discursive constructs for prestigious publications in the field and of common knowledge type for everyday communication; taking on the responsibility of developing a research program; critical spirit; creativity; inventiveness
- The specific cognitive skills assume: the identification of new problems and their approach through research, creative and combinative imagination, critical and interpretative analysis.

2007

Professional Development - Psychomotricity

Romanian College of Physicians, Iași (Romania)

01/10/2002 – 01/07/2004

Master's in psychology: Conflict Mediation

Level 7 CEC

“Alexandru Ioan Cuza” University Iași (Romania), Faculty of Psychology and Education Sciences
Thesis title: “*Formal education valences in the sources of conflict for performance sports*”

01/10/2001 – 01/02/2003

Master's in physical education and sport: Management in sport

Level 7 CEC

“Alexandru Ioan Cuza” University Iași (Romania), Faculty of Physical Education and Sport
Thesis title: “*Communication through image in sport: heroism or erotism?*”

1996

Coach License / Handball coach, 3rd category

National Agency for Sport (Romania)

01/10/1992 – 01/07/1996

Bachelor's degree in physical education and sport (majoring in Handball)

Level 6 CEC

"Alexandru Ioan Cuza" University Iași (Romania), Faculty of Physical Education and Sport

PERSONAL SKILLS

Mother tongue

Romanian

Other languages

English

UNDERSTANDING		SPEAKING		WRITING
Listening	Reading	Spoken interaction	Listening	
C1	C1	B2	B2	C1

Levels: A1/A2: Basic user - B1/B2: Independent user - C1/C2 Proficient user
[Common European Framework of Reference for Languages](#)

Communication skills

Activities leading to the acquisition of skills:

- Drafting up the research reports within PN II projects;
- Arguing the proposed and attained objectives within research projects, as well as motivating the activities proposed (for the continuation of funding) in specialty commissions;
- Coordinating work teams within the Faculty of Physical Education and Sport
- Member of academic promotion commissions.

Organisational/managerial skills

Organisation skills acquired during the years I had essential responsibilities for the good functioning of the Faculty of Physical Education and Sport:

- Drafting up reports for institutional assessment and for regular evaluation of the Faculty by ARACIS;
- Coordinating admission contests;
- Coordinating pedagogical practicum;
- Coordinating coach practice;
- President of the Commission for Quality Management and Assurance within the Faculty of Physical Education and Sport;
- Member of the organisation committees of scientific conferences, etc.
- Founding member of the "Alexandru Ioan Cuza" University Iași Sports Club Association.

Job-related skills

- Knowledge of quality control procedures;
- Capacity to model professionally the new employees;
- Ability to mediate organisational conflicts;
- Good command of work teams with various responsibilities.

Digital skills

SELF-ASSESSMENT				
Information processing	Communication	Content creation	Safety	Problem solving
Independent user	Proficient user	Independent user	Independent user	Independent user

Levels: Basic user - Independent user - Proficient user
 Digital competences – Self-assessment grid

Other skills	Social skills and competences: ▪ Team spirit; ▪ Increased adjustment capacity; ▪ Capacity of acquiring new knowledge and abilities necessary for academia; ▪ Coordinating performance activity; ▪ Ability to organise sociocultural activities or volunteer activities (due to the profession – teaching staff member at the specialty <i>Kinesiotherapy and Special Motricity</i>). Organisational skills and competences: ▪ Leadership, analysis and synthesis capacity, decision-making, and organisation of professional collectives; ▪ Punctuality, capacity to make the right decision under pressure, in case of new situations; ability to adapt to the context; ▪ Assessment of work quality based on performance criteria and quality control; ▪ Self-improvement capacity. I have acquired and refined these skills throughout my career, from various positions, including coordinating sports groups, teaching in the pre-university education system, coordinating Erasmus projects, participating in research teams, coordinating research projects, and serving in roles as vice-dean and dean.
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Driver's license B

ADDITIONAL INFORMATION

Certifications	▪ Coordinator of the interdisciplinary research group, within the Research Centre of the Faculty of Physical Education and Sport (2013 – present) ▪ Member of doctoral commissions ▪ Member promotion contest commissions.
Honours and awards	▪ 2016 – <i>Award for professional and scientific contributions to the implementation of the scientific research program “Entrepreneurial University”</i> within the Faculty of Physical Education and Sport Iași – granted by the Association Junior Achievement of Romania (JA Ro), member of the international organisation <i>Junior Achievement Worldwide</i>.

APPENDICES

- Complete list of works

Last update: June 2025

COMPLETE LIST OF WORKS

a) **The list of up to 10 works** considered by the candidate to be the most relevant for his/her professional achievements, included in electronic format in the file, and which may also be found in the other categories of works provided for in this article;

- **Abalășei B.**, Budescu E., Merticaru E., *Geometrical considerations regarding penalty throw and defense at handball game (Considerații geometrice privind lovitură de pedeapsă și apărarea în jocul de handbal)*, published in “Sport and Society. Journal of Physical Education, Sport, and Society”, No. 1, vol. 16, Iași, Editura Fundației “Altius Academy” Iași, **2016**
<http://www.sportsisocietate.ro/articol/considera-ii-geometrice-privind-lovitura-de-pedeaps-i-ap-rarea-n-jocul-de-handbal/362>
- **Abalășei B.**, Popescu V., *The Importance of Formal Education in the Training of Athletes*, published in “Procedia – Social and Behavioral Sciences”, vol. 191, **2015**, pp. 2453-2457, ISSN: 1877-0428
<https://doi.org/10.1016/j.sbspro.2015.04.230>
<http://www.sciencedirect.com/science/article/pii/S1877042815024908>
- **Abalășei B.**, *Social representation of the kinesiologist profession*, published in Timisoara Physical Education and Rehabilitation Journal, Volume 7, Issue 13, **2014**, pp. 64–69, ISSN (Online) 2065-0574, DOI: 10.1515/tperj-2015-0011
<https://www.degruyter.com/view/j/tperj.2014.7.issue-13/issue-files/tperj.2014.7.issue-13.xml>
https://www.researchgate.net/publication/276511972_Social_representation_of_the_kinesiologist_profession
- **Abalășei B.A.**, *Conflicte și mediere în sport (Conflicts and mediation in sport)*, Editura Tehnopress, Iași, **2013**, ISBN 978-973-702-966-9
- **Abalășei B.**, Cojocariu A., *The Social Representation of Violence of Sports Events Spectators*, published in “Journal of Social Research and Intervention”, vol. 39, pag. 17-38, Iași, Editura Lumen, Iași, **2012**, ISSN: 1583-3410 (print), ISSN: 1584-5397 (electronic); Fi – 1,354
<http://www.rcis.ro/ro/section1/64-volumul-392012decembrie/634-the-social-representation-of-violence-of-sports-events-spectators.html>
- **Abalășei B.**, *Types of Audience Attending Sports Events in Romania* published in “Procedia – Social and Behavioral Sciences”, vol. 46, pp. 3482-3486, ISSN: 1877-0428
<https://doi.org/10.1016/j.sbspro.2012.06.089>
<http://www.sciencedirect.com/science/article/pii/S1877042812018253>
http://apps.webofknowledge.com/full_record.do?product=UA&search_mod
- **Abalășei B.A.**, *Introducere în antrenamentul jocului de handbal (Introduction to handball training)*, Editura Lumen, Iași, **2012**, No. of pages – 210, ISBN 978-973-166-331-9 (B)
<http://edituralumen.ro/2012/12/introducere-in-antrenamentul-jocului-de-handbal-autor-beatrice-abalasei/>
- **Abalășei B.A.**, *Reprezentarea socială a violenței în sport. Focalizarea pe spectatorii sporturilor de echipă (Social representation of violence in sport. Focus on the spectators of team sports)*, Editura Universității “Al. I. Cuza”, Iași, **2009**, No. of pages – 242, ISBN 978-973-703-481-6 (A2)
http://www.editura.uaic.ro/fisa-carte.php?id_d=d08&id_c=800
- Curelaru M., Iacob I., **Abalășei B.**, *School bullying: definition, characteristics, and intervention strategies*, published in “Journal of Social Research and Intervention”, vol. 26, pag. 7-29, Iași, Editura Lumen, Iași, **2009**, ISSN: 1583-3410 (print), ISSN: 1584-5397 (electronic); Fi – 0,789
<http://www.rcis.ro/ro/section1/26-volumul-26-2009-septembrie/277-school-bullying-definition-characteristics-and-intervention-strategies.html>

b) **Doctoral thesis;**

- *Reprezentarea socială a violenței în sport. Focalizarea pe spectatorii sporturilor de echipă (Social representation of violence in sport. Focus on the spectators of team sports)*,

– Defended in 2008, “Alexandru Ioan Cuza” University Iași, Faculty of Psychology and Education Sciences.

c) Invention patents and other intellectual property titles;

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d) Books and book chapters;

2023	Abalășei Beatrice , Dumitru Iulian, Moraru Cristina, Iacob Radu, Aspecte actuale ale utilizării exercițiului fizic în profilaxia osteoporozei (Current aspects of using physical exercise in the prophylaxis of osteoporosis) , Editura Risoprint, Cluj-Napoca, 150 pp., ISBN 978-973-53-3060-6
2020	Abalășei B., Onose, Raluca-Mihaela, Tehnologia în psihomotricitate (Technology in psychomotricity) , in <i>Educația digitală</i> , Ed. Polirom, Iași, vol. edited by Ceobanu Ciprian. Pânișoară O., Cucos, C-tin, Istrate O. ISBN EPUB: 978-973-46-8226-3, ISBN PDF: 978-973-46-8227-0
2019	Abalășei B. , <i>Valențele modelatoare ale educației fizice și sportului (Modeling valences of physical education and sport)</i> , Ed. Risoprint, 166 pg, 2019, ISBN 978-973-53-2429-2
2018	Abalășei B., Honceriu, C., Iacob, R. , <i>Educație prin jocuri dinamice (Education through dynamic games)</i> , Editura Risoprint, Cluj-Napoca, 2018, No. of pages – 178, ISBN 978-973-53-2163-5
2016	Abalășei B.A. , <i>Comunicare în educație fizică și sport (Communication in physical education and sport)</i> , Editura Pim, Iași, 2016, No. of pages – 126, ISBN 978-606-13-2954-0
2015	Radu F.L., Abalășei B.A. , <i>101 Team Handball</i> , Bloomsbury Sport, London, 2015, No. of pages – 176, ISBN 978-1-4729-0180-4 https://www.tradebit.com/filedetail.php/278492494v9421818-101-team-handball-beatrice-aurelia
2014	Abalășei B.A. , <i>Violența școlară în licee: evaluări ale fenomenului din perspectiva elevilor (School violence in high schools: assessing the phenomenon from the perspective of students)</i> in <i>Violența în școală. Repere pentru analiză și intervenție</i> , Curelaru Mihai – coord., Editura Universității “Al. I. Cuza”, Iași, 2014, pag. 195-218, ISBN 978-973-703-955-2 (A2) http://www.editura.uaic.ro/fisa-carte.php?id_d=d08&id_c=1212
2013	Abalășei B.A. , <i>Conflicte și mediere în sport (Conflict and mediation in sport)</i> , Editura Tehnopress, Iași, 2013, No. of pages – 126, ISBN 978-973-702-966-9
2012	Abalășei B.A. , <i>Introducere în antrenamentul jocului de handbal (Introduction to handball training)</i> , Editura Lumen, Iași, 2012, No. of pages – 210, ISBN 978-973-166-331-9 (B) http://editorialumen.ro/2012/12/introducere-in-antrenamentul-jocului-de-handbal-autor-beatrice-abalasei/
2012	Abalășei B.A. , ed. Popescu V. <i>Ghid pentru activități sportive (Guide for sports activities)</i> , Editura Adi Center, Iași, 2012, No. of pages – 146, ISSN: 2284-5801
2011	Abalășei B.A. , <i>Handball în Pentru profesorul de educație fizică și sport</i> , Rus Cristian Mihail – ed., Editura Universității “Alexandru Ioan Cuza”, Iași, 2011, pag. 407-540, ISBN 978-973-703-551-6 (A2) http://www.editura.uaic.ro/fisa-carte.php?id_d=d09&id_c=980
2012	Abalășei B.A. , <i>Psychomotricity and psychomotor re-education</i> , Sport and Physical Activities Series: 3, Spor Yayinevi ve Kitabevi Publish House, 2012, Turkey (in English) ISBN 978-9944-379-38-0 (A2)
2009	Abalășei B.A. , <i>Reprezentarea socială a violenței în sport. Focalizarea pe spectatorii sporturilor de echipă (Social representation of violence in sport. Focus on the spectators of team sports)</i> , Editura Universității “Alexandru Ioan Cuza”, Iași, 2009, No. of pages – 242, ISBN 978-973-703-481-6 (A2) http://www.editura.uaic.ro/fisa-carte.php?id_d=d08&id_c=800
2008	Iacob I. (ed.), Abalășei B.A. , Abalășei C., Budescu E., Chirazi M., Cojocariu A., Fetescu S., Iacob M.R., Lador I.I., Popovici I., Rusu O., <i>Studiu de diagnostică a implementării obiectivelor Procesului Bologna în facultățile de Educație Fizică și Sport din România (Diagnostic Study on the Implementation of the Bologna Process Objectives in the Faculties of Physical Education and Sport in Romania)</i> , Editura Demiurg, Iași, 2008, No. of pages – 115, ISBN 978-973-152-104-6
2007	Abalășei B.A. , Iacob R., <i>Handbal-îndrumar Metodic (Handball – methodical notebook)</i> , Editura Pim, Iași, 2007, No. of pages – 164, ISBN 978-973-716-601-2

2003	Iacob I. (ed.), Abalasei B.A. , <i>Compendiu de regulamente la jocurile sportive adaptate condițiilor din școlile din România (gimnaziu) (Compendium of Regulations for Sports Games Adapted to the Conditions of Schools in Romania (Middle School))</i> , Editura Altius Academy, Iași, 2003 , No. of pages – – 307, ISBN 973-8277-05-1 coauthor
2003	Abalasei B.A. , <i>Jocuri de cabana (Lodge games)</i> , Editura Altius Academy, Iași, 2003 , No. of pages – – 56, ISBN 973-8277-06-X

e) Articles/studies published in extenso in journals within the international scientific circuit:
Full-length articles published in ISI-ranked journals with an impact factor (IF > 0).

2025	Balaiasa, DG Cojocariu, A, Abalasei, BA , Neculaes, M Ungurean, BC, Karate Training and Postural Health: A Study on Spinal Deviations among Young Karate Practitioners from Northeastern Romania , ROMANIAN JOURNAL FOR MULTIDIMENSIONAL EDUCATION, Volume 17, Issue 1, Pages 422-438 DOI10.18662/rrem/17.1/959 https://www.webofscience.com/wos/woscc/full-record/WOS:001462551200022
2025	Dumbravu, A., Abalasei, BA , Considerations on the Influence of Mindfulness and Sports Games on the Performance of Taekwondo Athletes , ROMANIAN JOURNAL FOR MULTIDIMENSIONAL EDUCATION, Volume 17, Issue 1, Pages 439-453, DOI10.18662/rrem/17.1/960 https://www.webofscience.com/wos/woscc/full-record/WOS:001462551200023
2025	Izzicupo, P, Serafini, S, Prestanti, I, Fusco, A Abalasei, BA , del Hierro, TA, Çaliskan, B, Di Baldassarre, A, Ege, H, Figueiredo, AJ, Ghinassi, B, González-García, H Onose, I (Onose, Ionut, Onose, RM, Perissinotto, M, Ramírez-Muñoz, A, Sánchez-Pato, A, Stankovic, N; Stojiljkovic, N; Doupona, M; Capranica, L, A study on the implementation of dual career at European higher education institutions: the student-athletes' and experts' views , FRONTIERS IN SPORTS AND ACTIVE LIVING, Volume 7, DOI10.3389/fspor.2025.1507951, Article Number 1507951 https://www.webofscience.com/wos/woscc/full-record/WOS:001441022600001
2025	Vrabie, D, Abalasei, BA , Neculaes, M, Exploring Age, Gender and Pandemic Dynamics: A Retrospective Analysis of the Impact of SARS-CoV-2 on Human Health , LIFE-BASEL, Volume 15, Issue 3, DOI10.3390/life15030355, Article Number 355 https://www.webofscience.com/wos/woscc/full-record/WOS:001454058400001
2025	Stegariu, VI, Condrea, CC, Astanei, CM, Abalasei, BA , The Effect of Chess Training and Well-Being Workshops on Vulnerable Children: A Dual Assessment of Cognitive and Emotional Growth , BRAIN-BROAD RESEARCH IN ARTIFICIAL INTELLIGENCE AND NEUROSCIENCE, Volume 16, Issue 1, Pages 337-351, DOI10.70594/brian/16.125 https://www.webofscience.com/wos/woscc/full-record/WOS:001440280100021
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2024-2026	Abalasei B., Ed. Romania , FIND ME-UNIVERSITY DUAL CAREERS OPPORTUNITIES, https://findmeproject.net/?page_id=10
2020-2023	Abalasei B. , EUROPEAN CAMPUS OF CITIES UNIVERSITY-EC2U https://www.uaic.ro/international/proiectul-ec2u/ https://ec2u.eu/
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2018	Ipolis – Identifying the Olympic Potential at the level of Iasi County, Ministry of National Education
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2017	Abalășei B. , International Festival of Youth, Science, and Sport, funded by the Iași City Hall: Project Manager .
2016	Abalășei B. , Member in the project <i>Entrepreneurial University, implemented by the Junior Achievement Romania Association (JA Ro)</i> .
2015	Abalășei B. , Short-term Expert – Project “Act.IS – We Act for Social Inclusion” POSDRU/165/6.2/S/142825, implemented by Caritas Diocesan Centre Iași during the period 30.04.2014–30.10.2015, in collaboration with the Caritas Greek-Catholic Metropolitan Association Blaj, and co-financed by the European Social Fund under the Sectoral Operational Programme Human Resources Development 2007–2013, Priority Axis 6 “Promoting social inclusion,” Major Area of Intervention 6.2 “Improving access and participation of vulnerable groups in the labour market.”
2011-2012	Abalășei B. , Member of the project team “Cross-Border Cooperation Programme for Common Needs: Health, Environment, Sport – HES,” funded by the European Union through the Joint Operational Programme Romania–Ukraine–Republic of Moldova

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2007-2010	<u>Abalasei B.</u> , Member of the PN II grant, IDEI – C.N.C.S.I.S., “ <i>The Benefits of Sports Activities in Reducing School Violence (BASS)</i> ,” Code 1146 (Contract No. 162/01.10.2007). Project Manager Professor Ioan Iacob, PhD
2006-2008	<u>Abalasei B.</u> , Member of a Type A C.N.C.S.I.S. grant, “ <i>Optimizing the Implementation of the Bologna Process in Physical Education and Sport, specialization in Physical and Sports Culture</i> ,” Code 1415. Project Director: Professor Ioan Iacob, PhD.
2003-2006	<u>Abalasei B.</u> , Member of a Type A C.N.C.S.I.S. grant, “ <i>Biomechanics of Human Impact in Sports Games</i> ,” funded project, Code 656. Project Director: Professor Ioan Iacob, PhD
2003-2005	<u>Abalasei B.</u> , Member of the grant “ <i>Professional Reintegration of Elite Athletes</i> ,” under the Leonardo da Vinci Program – ed. Pere Surribas, University of Barcelona, Spain. Partners: CRSUFCP – France; University of Barcelona – Bosch i Gimpera Foundation – Spain; “Alexandru Ioan Cuza” University of Iași, Faculty of Psychology and Education Sciences and Faculty of Physical Education and Sport (<i>Formesport</i> – E/02/B/F/PP-115.809 – EU-funded).

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