

PERSONAL INFORMATION

POPOVICI Ileana-Monica



📍 Iași, Romania

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UNIVERSITY/PROFESSIONAL EXPERIENCE

2022 - present

Associate Professor

“Alexandru Ioan Cuza” University of Iași, Faculty of Physical Education and Sports, Toma Cozma Street No. 3, Code 700554, Iași, Romania, <http://www.sport.uaic.ro/>

- Holder of the disciplines: *Scientific Fundamentals of Games: Handball, Teaching Methodology of Handball in Schools, Psycho-Pedagogy* (Bachelor's Degree), *Curriculum Design in Sports and Physical Education* (Master's Degree), *Didactics of Physical Education and Psychomotricity* (at Faculty of Psychology and Education Sciences, specialization Pedagogy of Primary School and Preschool Institutions).
- Teaching specialized subjects (tutorials, lectures), organizing competitions, tutoring graduation theses, member in the thesis committee, tutoring papers to obtain the first and the second teaching degree, research activities, participating to international conferences, projects.

The type or sector of activity: Higher education (academic, research education, educational management)

2005 – 2022

Lecturer, PhD

“Alexandru Ioan Cuza” University of Iași, Faculty of Physical Education and Sports, Toma Cozma Street No. 3, Code 700554, Iași, Romania, <http://www.sport.uaic.ro/>

- Holder of the disciplines: *Scientific Fundamentals of Games: Handball, Teaching Methodology of Handball in Schools, Psycho-Pedagogy* (Bachelor's Degree), *Curriculum Design in Sports and Physical Education* (Master's Degree), *Didactics of Physical Education and Psychomotricity* (at Faculty of Psychology and Education Sciences, specialization Pedagogy of Primary School and Preschool Institutions).
- Teaching specialized subjects (tutorials, lectures), organizing competitions, tutoring graduation theses, member in the thesis committee, tutoring papers to obtain the first and the second teaching degree, research activities, participating to international conferences, projects.

The type or sector of activity: Higher education (academic, research education, educational management)

1999 – 2005

Teaching Assistant

“Alexandru Ioan Cuza” University of Iași, Faculty of Physical Education and Sports, Toma Cozma Street No. 3, Code 700554, Iași, Romania, <http://www.sport.uaic.ro/>

- Holder of the disciplines: *Handball, Sports and Physical Education*.
- Coordinator of students – supervisor
- Coordinator of student sports competitions (handball) organized within the university and faculty.

The type or sector of activity: Higher education (academic, research education, educational management)

1996-1999 Junior Teaching Assistant

"Alexandru Ioan Cuza" University of Iași, Faculty of Physical Education and Sports, Toma Cozma Street No. 3, Code 700554, Iași, Romania, <http://www.sport.uaic.ro/>

- Holder of the disciplines: *Handball, Sports and Physical Education*.
- Coordinator of students – supervisor
- Coordinator of student sports competitions (handball) organized within the university and faculty.

The type or sector of activity: Higher education (academic, research education, educational management)

EXPERIENȚĂ PROFESIONALĂ/PRACTICĂ

2020, 2021, 2022, 2023, 2024

Invited Lecturer

- **Invited lecturer - tutor in the activity "Non-formal Education Strategies"** within the Secondary Education Project (ROSE), Grant Scheme for Universities - SGCU-PV, sub-project Discover Your Vocation through Education! Summer School - Psychology and Educational Sciences (DEVO), "Alexandru Ioan Cuza" University of Iași, Grant Agreement No. 327/SGU/PV/III.
- 2020 • **Invited lecturer at the Coaching Licensing Exam - Junior Teams (Romanian Handball Federation)**, held online on 5-6.09.2020, presentation on the topic: *Fixed talent mentality versus cultivated talent mentality through effort*.
- 2018 • **Invited lecturer at the Coaching Licensing Exam Course - Junior Teams (Romanian Handball Federation)**, held from 27-29.06.2018, in Mamaia, with the following topics:
- *Implementing basic psychological preparation for handball players (junior IV and III)*
- *Developing psychomotor components through specific motor activities in children aged 7-12 years*.
- 2016 • **Invited speaker at the County Symposium "Child and Playful Activities"**, included in the County Project "Kindergarten - Children's Paradise", 3rd edition, approved by the Iași County School Inspectorate, in the County Education Authority Council, position 66, May 19, 2016 (Extended Program Kindergarten No. 25 Iași).
- 2008 • **Participation and presentation of a material at the debate entitled "Sports Games, Where to?"** organized by the National Agency for Sport, through the Department for Sport of Iași County, in collaboration with the Faculty of Physical Education and Sport Iași (March, 2008).
- 2006-2009 • **Trainer within the UNIVERSITARIA program** - Continuous training program for teaching staff in pre-university education, "Alexandru Ioan Cuza" University of Iași, Department for Teacher Training.

Projects

- 2025 • **Member in the ERASMUS+ (BIP) project "The power of sport: a project for active and healthy living"** (2023-1-RO01-KA131-HED-000119006), position: *Coordinator for the implementation of the blended intensive programme*, "Alexandru Ioan Cuza" University of Iași.
<https://erasmusbip.org/list-of-bips/>
- 2025 • **Member in the ERASMUS+ (BIP) project "Active Learning in Motion: Exploring Olympic Education and Physical Activities"** (2023-1-RO01-KA131-HED-000119006), position: *Coordinator for the implementation of the blended intensive programme*, "Alexandru Ioan Cuza" University of Iași.
<https://erasmusbip.org/list-of-bips/>
- 2020-2024 • **Member in the Secondary Education Project (ROSE) – Grant scheme for universities, bridge-type summer programs, titled "Discover Your Vocation through Education" – Summer School – Psychology and Educational Sciences (DEVO)**, grant agreement 327/SGU/PV/3, 181,910 RON, with the role of TUTOR (S)/function code 235104, "Alexandru Ioan Cuza" University of Iași
- 2023 • **Member within the Project "Sustaining and enhancing healthy lifestyle in students with special needs and their teachers in unexpected crisis events (Stay at Home Healthy through the use of the innovative methods: SAHHim) 2021-1-TR01-KA220-SCH-000024715"**, **Research Member (S) position**, function code 226909, "Alexandru Ioan Cuza" University in Iași.
- 2021 • **Member within the Erasmus+ Teaching Learning Spaces Competence From Early Childhood Education Project** (Key Action: Cooperation for innovation and the exchange of good practices, Action: Strategic Partnership, Field: Strategic Partnership for school education) - **TELESPA**, funding contract no. 2018-RO01-KA201-049545 (2018-2021), **Researcher/Trainer (S)** (IO4TLLT)/function code 235104, "Alexandru Ioan Cuza" University of Iași.
- 2019-2020 • **Member within the Erasmus+ Project entitled "More than Gold" (MTG)**, funding contract no. 2018-2683/001-001 (2019-2020).
- 2017-2018 • **Responsible for Sports Activities Within the Fair Play and Happiness through Sports (FAIRHAP) project**, co-funded by the Erasmus+ Programme of the European Union (238,720 Euros), with a duration of 2 years, "Alexandru Ioan Cuza" University of Iași, Faculty of Physical

- Education and Sport, Department of Physical Education and Sport, Toma Cozma Street No. 3, 700554, <http://www.sport.uaic.ro/>, www.fairhap-project.eu
- 2011-2012
- **Responsible for Information and Advertising Campaign within the project "Cross-Border Cooperation Program for Common Needs: Health, Environment, Sports - HES"**, funded by the European Union through the Joint Operational Program Romania-Ukraine-Republic of Moldova 2007-2013, Priority 3 - "People-to-People Cooperation", Measure 3.2 - "Educational, Social and Cultural Exchanges", MIS-ETC Code: 946. „Alexandru Ioan Cuza” University of Iași, Faculty of Physical Education and Sport, Department of Physical Education and Sport, Toma Cozma Street No. 3, 700554, <http://www.sport.uaic.ro/>. - Carry out promotional activities. Ensure project visibility, respecting the provisions of the Visual Identity Manual. Maintain the relationship with the transnational partner.
- 2007-2008
- **Member of the CNCSIS project team - Optimization of the implementation of the Bologna Process in the field of physical culture and sports, specialization in physical education and sports (MODEFS)**, code 1415 (155,000 RON).
- 2003-2005
- **Member of the research team for the Standardization of the Stanford-Binet Intelligence Test** project, CNCSIS A1369
- 2001
- **Member of the youth project management team** for the *Youth Project Management project*, funded by the Iași County Youth and Sports Directorate, September 9-15, 2001, Constanta
- 2000
- **Member of the CNCSU Grant Team No. 64**, with the title *"Design and development of educational software in the field of physical education and sports."*
- 2000
- **Member of the ANSTI Grant Team**, with the title *"The impact of university leadership on academic internationalization"*, Iași, Cluj, Timișoara, 2000.
- 2016-2018
- **Collaboration protocol** between the Sports High School Iași, represented by Prof. Lenuța Lupan, and the Faculty of Physical Education and Sport, represented by Lecturer Dr. Ileana-Monica Popovici, based on which *individual and group sessions were conducted aiming at the development of basic psychological preparation for the handball players (junior III)*, during the period 2016-2018.
- 2013-2015
- **Implementation of a psychomotor development program (coordination, sense of rhythm, static and dynamic balance, spatial-temporal orientation, laterality, body schema, etc.) through specific motor activities carried out with children from the "Sicomor" Sports Club (7-12 years old)** - Collaboration Protocol between the "Sicomor" Sports Club Association in Iași, President Prof. Lenuța Lupan, and The Faculty of Physical Education and Sport, represented by Lecturer Dr. Ileana-Monica Popovici, during the period 2013-2015.

Member in editorial and scientific committees

- 2024
- **Member of the doctoral thesis defense committee** for Ms. Mihaela A. Nicu (married name: Bogdan), appointed by Decision no. 8241/30.04.2024, „Alexandru Ioan Cuza” University of Iași, Faculty of Physical Education and Sport
- 2022
- **Member of the doctoral thesis defense committee** for Mr. Stegariu Vlad-Ionuț, appointed by Decision no. 10123 din 7.06.2022, „Alexandru Ioan Cuza” University of Iași, Faculty of Physical Education and Sport
- 2016, 2018
- **Member of the Admission Committee** for candidates enrolled in the admission colloquium for the Didactic Degree I, February 2016 and February 2018 sessions.
- 2011-2013
- **Member of the Academic Recognition Committee (2011-2013)** for the recognition of studies carried out by students who had mobilities within the LLP-Erasmus program.
- 2013
- **Member of the Ethics Committee**, within the Faculty of Physical Education and Sports Iași.
- 2006-2018
- **Member of the Selection Committee for the position of university lecturer: 2018, 2016, 2011, 2007, 2006**
- 2008-2021
- **Member of the Selection Committee for the position of teacher assistant: 2023, 2021, 2016, 2009, 2008**
- 2017-2025
- **Member of the Advisory Board - Romanian Journal for Multidimensional Education (Web of Science indexed journal)**, P-issn: 2066-7329, E-issn: 2067-9270, doi: 10.18662/RREM, LUMEN Publishing House. <https://lumenpublishing.com/journals/index.php/rrem/editorial-advisory-board>
- 2017-2025
- **Member of the Advisory Board - Postmodern Openings** (journal indexed in Web of Science), P-issn: 2066-7329, E-issn: 2067-9270, doi: 10.18662/RREM, LUMEN Publishing House. <https://lumenpublishing.com/journals/index.php/po/editorial-advisory-board>
- 2017-2025
- **Member of the Advisory Board - Moldavian Journal for Education and Social Psychology**, indexed in CrossRef, RePEc, KVK, WorldCat, Google Scholar, p-ISSN: 2559-7620, e-ISSN: 2668-0653, DOI: 10.18662/mjesp. <https://lumenpublishing.com/journals/index.php/mjesp>
- 2014
- **Member of the Scientific Committee - The 5th International Conference LUMEN 2014 - Transdisciplinarity and Communicative Action**, Târgoviște, November 21-22, 2014. http://conferinta.info/conference-archives/lumen_tca2014/program-lumen-tca2014/

- 2013-2014 • **Member of the Scientific Committee and Editorial Review Board on Social and Human Sciences**, International Conferences on Physical Education and Sport Science – **2013, 2014**), organizate de World Academy of Science, Engineering and Technology
- 2013 • **Member of the Scientific Committee - The 8th International Conference in Physical Education, Sport and Physical Therapy "From Theory to Practice"**, November 8-9, 2013, Faculty of Physical Education and Sport, "Alexandru Ioan Cuza" University, Iași, Romania,

EDUCATION AND TRAINING

Doctor in Education Sciences / PhD Degree

- 2003-2009 "Alexandru Ioan Cuza" University of Iași, Faculty of Psychology and Education Sciences, Toma Cozma Street No. 3, Code 700554, Iași, Romania, <http://www.psih.uaic.ro/>

General knowledge and skills and expertise, as well as specific cognitive skills

General knowledge: accumulation, interpretation and development of leading-edge knowledge in the field of doctoral studies; *General competences*: development of research techniques and their application in various contexts and specific; theoretical construction and application; discursive construction of academic publications in the field and the type of knowledge common to communication to the public; taking responsibility to develop a program of research, criticism, creativity, inventiveness; *Specific cognitive abilities* include: identification of new issues and addressing them through research, creative imagination, interpretive and critical analysis.

The type or sector of activity: Higher Education (academic, scientific education research, educational management)

Doctoral studies/ ISCED 6

- 2001-2003 **Master's Degree – Specialization „Educational Politics”**

"Alexandru Ioan Cuza" University of Iași, Faculty of Psychology and Education Sciences, Toma Cozma Street No. 3, Code 700554, Iași, Romania, <http://www.psih.uaic.ro/>

Knowledge, understanding and use of the fundamental concepts of Educational Politics and the principles and methods used in the field of study; ability to identify sources of information, to analyze and interpret data from actual and professional contexts of literature; ability to communicate effectively orally and in writing in at least one international language; ability to work in a team; ability to teach specific concepts studied; the rapid appropriation of new concepts and technologies in the field of Educational Politics; the interdisciplinary approach of the problem domain; knowledge of research methods and techniques in the field of Educational Politics.

The type or sector of activity: Higher Education (academic, scientific education research, educational management)

Master's degree studies / ISCED 5

- 1996-2000 **Bachelor's Degree in Education Sciences**

"Alexandru Ioan Cuza" University of Iași, Faculty of Psychology and Education Sciences, Toma Cozma Street No. 3, Code 700554, Iași, Romania, <http://www.psih.uaic.ro/>

Knowledge, understanding and use of the fundamental concepts of Education Sciences and the principles and methods used in the field of study; ability to identify sources of information, to analyze and interpret data from actual and professional contexts of literature; ability to communicate effectively orally and in writing in at least one international language; ability to work in a team; ability to teach specific concepts studied; the rapid appropriation of new concepts and technologies in the field of Education Sciences; the interdisciplinary approach of the problem domain; knowledge of research methods and techniques in the field of Education Sciences.

The type or sector of activity: Higher Education (academic, scientific education research, educational management)

Bachelor's degree studies / ISCED 5

- 1996 **Legitimation of Handball Coach, category III**

Romanian Handball Federation

- 1992-1996 **Bachelor's Degree in Physical Education and Sports**
(Handball Specialization)

"Alexandru Ioan Cuza" University of Iași, Faculty of Physical Education and Sports, Toma Cozma Street No. 3, Code 700554, Iași, Romania, <http://www.sport.uaic.ro/>

Universitatea „Alexandru Ioan Cuza” din Iași, Facultatea de Educație Fizică și Sport, Departament

Educație Fizică și Sport, Str. Toma Cozma Nr. 3, 700554, <http://www.sport.uaic.ro/>

Knowledge, understanding and use of the concepts of physical education and sport, as well as the principles and methods used in the field of study; ability to identify sources of information, to analyze and interpret data from actual and professional contexts of literature; ability to communicate effectively orally and in writing in at least one international language; ability to work in a team; ability to teach specific concepts studied; the rapid appropriation of new concepts and technologies in the field of physical education and sport; the interdisciplinary approach of the problem domain; knowledge of research methods and techniques in the field of physical education and sport; ability to solve specific problems in the field of physical education and sport and to assess possible conclusions; ability to organize sports and cultural manifestations; ability to manage free time activities and body maintenance; the ability to form, prepare and lead in the field of sports performance.

The type or sector of activity: Higher Education (academic, scientific education research, educational management)

Bachelor's degree studies / ISCED 5

TRAINING COURSES AND INTERNSHIPS

- | | |
|------------------------|--|
| 2025 | Erasmus Teaching Program
Erasmus Teaching Program (Teaching Mobility - LLP Erasmus) at University of Thessaly, Volos, Greece
<i>Lifelong Learning Programme / Erasmus Decentralized Actions - Teaching Mobility for Teaching Staff.</i> |
| 2024 | Participation Workshop UniBuc Peer Learning 2024, „Elements of digital pedagogy: Artificial Intelligence in education” , held within the University of Bucharest (Center for Development and Training in Higher Education Romania) |
| 2024 | Training Programme: „E-learning Developer on the Moodle Platform” , under the project “Framework for the Sustainable Development of the University’s Digital Component – eUAIC”, project code: 127544578, funded by National Recovery and Resilience Plan (PNRR) |
| 2024 | Training Courses: “Online Teaching Methodologies”, “Soft and Communication Skills for Digital Teaching”, “Use of Artificial Intelligence in Education”, “Training for Innovative Online Teaching” , under the Erasmus+ project “Digital Challenge in Higher Education” (project no. 2022-1-IT02-KA220-HED-000087029), funded by Erasmus+ KA2-HED |
| 2017, 2018, 2019, 2024 | Erasmus Teaching Program
Erasmus Teaching Program (Teaching Mobility - LLP Erasmus) at Universidade da Maia - UMA, Maia, Portugal
<i>Lifelong Learning Programme / Erasmus Decentralized Actions - Teaching Mobility for Teaching Staff.</i> |
| 2023 | Erasmus Teaching Program
Erasmus Teaching Program (Teaching Mobility - LLP Erasmus) at Rumeli University, Turkey
<i>Lifelong Learning Programme / Erasmus Decentralized Actions - Teaching Mobility for Teaching Staff.</i> |
| 2016 | Certificate of Completion Professional Competence Evaluator
Iasi Arbitration and Mediation Chamber Foundation
• Acquired professional competences: planning and organizing evaluation; recording and reporting evaluation results; conducting evaluation; developing evaluation tools; analyzing information and making competence decisions; internal verification of evaluation processes; external verification of evaluation processes. |
| 2015 | Certificate of Completion Formator - SC TRAINING CARIERE SRL. Iași
• Completion of the specialization program for the occupation (common competencies) Formator (60 hours), COR code 242401 |
| 2015 | Participate in the Training Seminars on Social Pedagogy , within the project "Development, Articulation and Reconstruction in Social Pedagogy - DarPS", Contract Code: POSDRU/156/1.2/G/139847 (Co-financed project by the European Social Fund through the Sectoral Operational Program Human Resources Development 2007-2013, Major intervention area 1.2. "Quality in higher education"). |
| 2014, 2011 | Erasmus Teaching Program
Erasmus Teaching Program (Teaching Mobility - LLP Erasmus) at) at Adnan Menderes University, Aydin, Turkey
<i>Lifelong Learning Programme / Erasmus Decentralized Actions - Teaching Mobility for Teaching Staff.</i> |
| 2013 | Erasmus Teaching Program
Erasmus Teaching Program (Teaching Mobility - LLP Erasmus) at Albert-Ludwigs-Universität Freiburg, Germany
<i>Lifelong Learning Programme / Erasmus Decentralized Actions - Teaching Mobility for Teaching Staff.</i> |
| 2013 | Postgraduate program for continuous professional training and development Quality, innovation, communication in the continuous training system of higher education teachers (Field of Education). |
| 2011 | Course of instruction in the use of Blackboard software of the MEDIAEC Platform for distance learning and reduced frequency |

2001

"Alexandru Ioan Cuza" University of Iasi, ID/FR Department, Toma Cozma Street No. 3, 700554, <http://www.sport.uaic.ro/>

• Course of instruction in the use of **Blackboard software of the MEDIAEC** - Platform for distance learning and reduced frequency.

Scholarship for research within the Educational Policies master's program („Alexandru Ioan Cuza" University in Iasi) at the University of Malaga, Spain, obtained through funding from the World Bank.

PERSONAL COMPETENCES

Mother Tongue
Foreign languages

Romanian

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Oral Communication	Spoken production
English	B2	B2	B2	B2	B2
French	B2	B2	B2	B2	B2
Portuguese	A1.2	A1.2	A1.2	A1.2	A1.2

Levels: A1/A2: Elementary user - B1/B2: Independent user - C1/C2: Experienced user
The European Framework of Reference for Languages.

Communication skills

Social skills: communication, cooperation, teamwork, active social participation
- Social abilities: the capacity to understand and relate to other individuals, adaptability, openness to new ideas, experiments, and values, cordiality in relationships with others;
- LLP-Erasmus teaching mobilities.

Managerial skills

An organizer, ability to coordinate a team and work together with them, punctuality, positive thinking, analytical and control skills, firmness and promptness in decision-making, teamwork spirit, appreciation of interpersonal relationships, receptiveness, cooperation, responsibility towards my work and colleagues.

Digital skills

• Independent user - Microsoft Office™ (Word, PowerPoint, Excel), SPSS, Zoom, Cisco-Webex, Moodle.

Driving license

Category B

ADDITIONAL INFORMATION

Publications

Books:

1. **Popovici, I.M.** (2025). *Physical and Psychomotor Education in Preschool and Primary School*, Risoprint Publishing House, Cluj-Napoca (A2), ISBN 978-973-53-3319-5, Nr. Pagini - 260
2. **Popovici, I.M.**, Bogdan, M. (2023). *Curriculum design specific to the discipline of physical education and sport*, Risoprint Publishing House, Cluj-Napoca, ISBN 978-973-53-3168-9, Pages - 202
3. **Popovici, I.M.**, Radu, L.E. (2021). *Dynamic games and application relays - a guide for primary, secondary, and high school education*, Risoprint Publishing House, Cluj-Napoca, ISBN 978-973-53-2087-4, Pages - 181
4. **Popovici, I.M.** (2020). *Psychopedagogy in the field of physical therapy*, Risoprint Publishing House, Cluj-Napoca, ISBN 978-973-53-2594-7, Pages - 130
5. **Popovici, I.M.** (2015). *Elements of Psycho-pedagogy with Applications in Physical Education and Sports*, "Alexandru Ioan Cuza" University Publishing House, Iași, ISBN – 978-606-714-130-6, Pages - 326
6. **Popovici, I.M.** (2014). *Dynamic Games and Bets for Primary and Preschool Education*, Performantica Publishing House, Iași, ISBN 978-606-685-119-0, Pages - 153
7. **Popovici, I.M.** (2013). *Excellence Aptitude in Romanian Sport*, „Alexandru Ioan Cuza" University Publishing House, Iași, Pages - 201
8. Rusu, O., **Popovici, I.M.** (2009). *Politics and Strategies in Performance Sports*, PIM Publishing House, Iași, ISBN 978-606-520-702-8, Pages - 170
9. **Popovici, I.M.** (2008). *Handball in School*, PIM Publishing House, Iași, ISBN 978-606-520-212-2, Pages - 186

Chapters in books:

1. Radu, L.E., **Popovici, I.M.**, Rusu, O. (2023). Physical activity in physical impairments (PI), in Acaroz, S., Rusu, O., Dede, B., Geminici, E.O., Krstovska, A. (editors), *Guidelines to promote the healthy and active life of children with special needs in the unexpected crisis situations* (SAHHim project), Editura PIM, Iași, ISBN 978-606-13-8068-8, pp. 72-83
2. **Popovici, I.M.**, Abălașei, B. (2010). *Handball*, in *For The Teacher of Physical Education*, fascicle *Handball*, Rus, C.M. (coord.), "Alexandru Ioan Cuza" University Publishing House, Iași, ISBN

- 978-973-703-551-6, pp. 407-539
3. **Popovici, I.M.**, Abălașei, B., Rusu, O. (2008). *SWOT analysis of the current University system of physical education and sport in Romania*, in *Diagnosis study of the implementation of the objectives of the Bologna process in the Faculty of physical education and Sport in Romania*, Iacob, I. (coord.), Demiurg Publishing House, Iași, ISBN 978-973-152-104-6, pp. 85-90
 4. Iacob, I., Rusu, O., Abălașei, B., Cojocariu, A., **Popovici, I.M.** (2008). *Implementation of the Bologna process in the field of physical education and sports, specialization physical education and sport (MODEFS)*, in *Diagnosis study of the implementation of the objectives of the Bologna process in the Faculty of physical education and Sport in Romania*, Iacob, I. (coord.), Demiurg Publishing House, Iași, pp. 11-16, ISBN 978-973-152-104-6

Academic courses:

1. **Popovici, I.M.** (2021). *Fundamental scientific aspects of sports games: Handball* - university course, Bachelor's degree studies: Physical Education and Sports, Sport and Motor Performance, 1st year, "Alexandru Ioan Cuza" University Publishing House, Iași, Pages - 139.
2. **Popovici, I.M.** (2021). *Teaching methodology of handball in school* - university course, Bachelor's degree studies: Physical Education and Sports, 2nd year, "Alexandru Ioan Cuza" University Publishing House, Iași, Pages - 249.
3. **Popovici, I.M.** (2021). *Psychopedagogy* - university course, Bachelor's degree studies: Physical Education and Sports, Sport and Motor Performance, 3rd year, "Alexandru Ioan Cuza" University Publishing House, Iași, Pages - 283.
4. **Popovici, I.M.** (2021). *Curriculum design in physical education and sport* - university course, Master's degree studies in Physical Education and School Sports, 2nd year, "Alexandru Ioan Cuza" University Publishing House in Iași, Pages - 146.
5. Ceobanu, C., **Popovici, I.M.** (2012). *Psychology of physical education and sport*, Faculty of Physical Education and Sport, Distance Learning, 3rd year, "Alexandru Ioan Cuza" University Publishing House, Iași, Pages - 114.
10. **Popovici, I.M.**, (2011). *Psychomotric Education/ Physical and Methodic Education*, in the textbook *The Pedagogy of Primary and Pre-school Education*, Distance Learning, IIIrd year, "Alexandru Ioan Cuza" University Publishing House, Iași, Pages – 78.
11. **Popovici, I.M.**, (2006). *Handball – Basic Course*, "Alexandru Ioan Cuza" University Publishing House, Iași, Pages – 219.

Articles:

1. Făgăraș, P.S., Radu, L.E., **Popovici, I.M.**, Enache, I.S., Rus, C.M. Analysis of Health Status Indicators and Physical Fitness Level of Medical Students from Târgu Mureș, in *BRAIN. Broad Research in Artificial Intelligence and Neuroscience*, **2024**, Vol. 15, Issue 2, pages: 131-152, ISSN: 2068-0473, e-ISSN: 2067-3957, IF = 0.8 (2023)
<https://doi.org/10.18662/brain/15.2/568>
2. Petrea, R.G., Moraru, C.E., **Popovici, I.M.**, Știrbu, I.C., Radu, L.E., Chirazi, M., Rus, C.M., Oprean, A., Rusu, O., Influences of Psychomotor Behaviors on Learning Swimming Styles in 6-9-Year-Old Children, in *Children MDPI*, August **2023**, Vol. 10, Issue: 8, Article Number: 1339, eISSN: 2227-9067, IF= 2.4 (2023)
<https://doi.org/10.3390/children10081339>
<https://www.webofscience.com/wos/woscc/full-record/WOS:001106708100001>
3. Leuciuc, F.V., Petrariu, I., Pricop, G., Rohozneanu, D.M., **Popovici, I.M.**, Toward an Anthropometric Pattern in Elite Male Handball, in *International Journal of Environmental Research and Public Health*, MDPI, February **2022**, Vol. 19, Issue: 5, Article Number: 2839, ISSN: 1660-4601, IF = 3,390 (2021)
<https://doi.org/10.3390/ijerph19052839>
<https://www.mdpi.com/1660-4601/19/5/2839>
4. Radu, L.E., **Popovici, I.M.**, Rus, C.M., *Increasing School Performance in Theoretical Sports Training Classes by Applying Students' Activation Strategies*, în *Revista Românească pentru Educație Multidimensională*, Volume 14, Issue 4 Sup. 1, Decembrie **2022**, ISSN 2066-7329, e-ISSN 2067-9270
<https://doi.org/10.18662/rrem/14.4Sup1/>
5. Radu, L.E., **Popovici, I.M.**, Petrea, R.G., Puni, A.R., *The Physical Activity Level and Reaction Time During Covid 19 Pandemic*, în volumul Conferinței Human Technologies and Quality of Education, University of Latvia, Riga, **2021**, ISBN 978-9934-18-735-3,
<https://doi.org/10.22364/htqe.2021>
https://www.apgads.lv/fileadmin/user_upload/lu_portal/apgads/PDF/HTQE-2021/htqe.2021.87-Radu-et-al.pdf
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Other skills and abilities

- Participation in various national and international scientific symposiums and conferences
- Participation in workshops, summer schools, panels
- Moderator of sections within scientific conferences
- Tutor for the 2020-2022 and 2023-2025 cohorts - Physical Education and School Sports (Master's degree program)
- **Keynote Speaker at the FAIRHAP National Conference**, November 23, **2018**, Faculty of Physical Education and Sport, "Alexandru Ioan Cuza" University of Iași

- **Participation in FITSPORT**, the International Festival of Youth, Science, and Sport, held from November 24-26, **2017**, Iasi
- **Responsibilities in the Commission for Evaluation and Management of Academic Quality, Community dimension** - partnerships for performance improvement, sub-dimension Social Responsibility, within which I coordinated the involvement of students in various humanitarian and social activities and projects, Faculty of Physical Education and Sport Iasi, **2017-2018**.
- Support for courses within the Romanian Center for Sport-Educational Studies (2016-2018)
- Participation in **the National University Scientific Forum, Final of the Scientific Competition** (Edition I) on the topic of the Impact of the Educational and Scientific Research System on Sports Performance in Romania, December 11-12, **2009**, Bucharest, organized by the Ministry of Education, Research, Youth and Sport and the University Sports Federation (National Commission for the Study of University Sports).
- Annual organization of handball championships within the faculty (1999 - present)
- Member of the Organizing Committee of the International Conference organized by FEFS Iasi (November **2015, 2012, 2010, 2007**)
- Member of the organizing committee of the Summer School on Optimizing the Implementation of the Bologna Process in the field of physical culture and sports, September **2007**

Visibility

- Presentation of the faculty within the Academic Education Offer, organized by "Alexandru Ioan Cuza" University of Iasi, April 4, **2022**, intervention entitled "Expression of Human Potential at Performance Level in Physical Education, Sports, and Kinesiotherapy," available on YouTube at the following address: <https://www.youtube.com/watch?v=jhyxxOKPus8>
- Invited to the sports counselor show - a necessity in the field, produced by IasiTVLife, May **2017**
- Activities for promoting the image of the faculty: member of the team creating the stand for the Faculty of Physical Education and Sport at the Educational Offers Fair, organized by "Alexandru Ioan Cuza" University of Iasi (**2000-2005**)
- Participating, within the framework of the Asnatara Association, in the organization of activities related to the event (**2017**).

Affiliation

- **Member of the International Federation of Physical Education and Sport - F.I.E.P. (2013-2018)**
- **Member of the Methodological Committee of the Romanian Handball Federation (2012-2020)**
- **Member of the Association of Psychologists in Romania (2005-2012)**
- **Member of the RO-Talent Association** - Romanian Association for Psychopedagogical and Social Assistance of Gifted and Talented Children (**2005-2009**)

Results achieved as an athlete and teacher

- Coordinator of student sports competitions (handball) organized within the university and faculty, every academic year
- Training the men's handball representative team from the Faculty of Physical Education and Sports Iasi for participation in the National University Championship (2008 - 3rd place; 2011 - 2nd place)
- Participation (coach-player) with the women's handball representative team from the Faculty of Physical Education and Sports Iasi at the National University Championship (Bacau, 1999 - 3rd place)
- Handball coach for children's groups, within the Sports Club Association "Sicomor" Iasi, president Prof. Lenuța Lupan (2013-2015)
- Participation in the T5 Ballons Student Tournament, Cergy-Pontoise, France, with the representative men's handball team of the Faculty of Physical Education and Sport Iasi (2001)
- Member of the IasiTex team - Division B (1990, 1991) and the HC Aura Iasi team (1992-1994); Qualification in the EHF Cup with the HC Aura Iasi team (1993)
- Member of the National Youth and Junior Handball Team (1st place - Carpathian Trophy - 1990, Balkan Champion - 1992, Balkan Runner-up - 1993, 5th place - World Championship - 1993)

