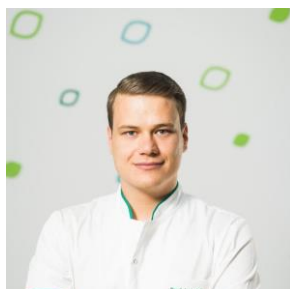


## PERSONAL INFORMATION

## LUCACI PAUL



 Iași, Romania

 Telephone number: 0763520768

 E-mail address: [lucacipaul91@yahoo.com](mailto:lucacipaul91@yahoo.com)

Sex Male | Naționality Romanian

## WORK EXPERIENCE

15.02.2021 - present

## Lecturer Phd.

**“Alexandru Ioan Cuza” University of Iași, Faculty of Physical Education and Sport**

- Didactic activity: courses and practical classes at Bachelor Studies, and master's degree studies.

1 Oct. 2020 – 15.02.2021

## Associate PhD. Specialist

**“Alexandru Ioan Cuza” University of Iași, Faculty of Physical Education and Sport**

- Didactic activity: courses and practical classes at Bachelor Studies, and master's degree studies.

2 oct 2017 – 30 sept 2020

## Asistant professor

**“Alexandru Ioan Cuza” University of Iași, Faculty of Physical Education and Sport**

- Didactic activity: seminar and practical classes at Bachelor Studies, evaluation, participation in scientific events, assistances at classes.
- Guiding professor at Physical Therapy and Special Motor Skills specialisation
- Member of the university abandonment committee
- Disciplines: Fundamentals of Physical Therapy, Traineeship in Rehabilitation Centres, Physical Therapy in Geriatrics and Practical Training in Foster Care Institutions, Biomechanics, Home Physical Therapy, Electrotherapy, Orthotic-Prosthetic.

**Business or sector** Academical education (scientific research, educational management).

18.09. 2017 - present

## Physiotherapist

**SC Kinego SRL, Sararie street, 134, Iasi, Romania**

- Functional evaluation of the patients; establishing the individualized physical therapy programs, conducting the physical therapy programs with the patients.

**Business or sector** Medical recovery activity – physiotherapy

01.10.2015 – 02.10.2017

## Associate assistant

**“Alexandru Ioan Cuza” University of Iași, Faculty of Physical Education and Sport**

- Didactic activity: seminar and practical classes at Bachelor Studies, evaluation, participation in scientific events, assistances at classes.
- Disciplines: Fundamentals of Physical Therapy, Traineeship in Rehabilitation Centres, Physical Therapy in Geriatrics and Practical Training in Foster Care Institutions, Biomechanics, Measurement and Assessment in Physical Therapy, Home Physical Therapy.

**Business or sector** Academical education (scientific research, educational management).

08.05.2014 – 28.09. 2017

## Physiotherapist

**Medical Center Salina Iași, Vasile Lupu street, 95 F, Iași, România.**

- Functional evaluation of the patients; establishing the individualized physical therapy programs, conducting the physical therapy programs with the patients, applying the electrotherapy procedures.

**Business or sector** Medical recovery activity – physiotherapy

## EDUCATION AND TRAINING

- 13.10.2020 **Doctor of Medicine**  
**“Gr.T.Popa” University of Medicine and Pharmacy**, Universităţii street, 16, 700115 Iaşi, România,
- 1.10.2015 – 1.10.2019 **PhD Student**  
**“Gr.T.Popa” University of Medicine and Pharmacy**, Universităţii street, 16, 700115 Iaşi, România,  
 Domain: Medicine  
 Business or sector Research activity in neurological reahabilitation
- 21.11.2018-28.11.2018 **Trainer certificate**  
 Vocational training provider S.C. AVI EURO JOBS & TRAINING S.R.L.  
 Type of program: specialization
- 21.05.2018-20.05.2019 **Certificate "Improving the management staff in the North-East region" - Key competencies, common to several occupations - ENTREPRENEURIAL SKILLS**  
 Project co-financed by the European Social Fund through the Human Capital Operational Program  
 Project type: specialization
- 13-14.04. 2018 **Certificate of participation in the workshop "Duchenne muscular dystrophy (DMD) physiotherapy training workshop"**  
 PTC Therapeutics International Ltd, Managing Director of ATOM International Limited: Dr. Michelle Eagle, Amsterdam, Netherlands.
- 9.07.2017 – 9.11.2017 **Coaching Specialist**  
 Euro-Education Association, Hermitage Măgureanu street, 7, Bucureşti.  
  - Personal and organizational Coaching
  - Performance evaluation
  - Coaching techniques
- 2013-2015 **Master Degree – “Physical Therapy in Sports Trauma”**  
**“Alexandru Ioan Cuza” University of Iaşi, Faculty of Physical Education and Sport**
- 2013-2015 **Psycho-pedagogical Certificate, level 2**  
**“Alexandru Ioan Cuza” University of Iaşi, Teacher Training Department**
- 4.06-6.06. 2015 **“The osteopathic approach of lombar back pain. Patient framing and treatment principles”, course**  
 Professional Association of Physiotherapists from Moldova, Vasile Alecsandri street, 9 A, Iaşi.  
 Trainer: Gianluca Ceino, director of the Osteopathy School in Romania.
- 25.05-27.05.2015 **“Training on the International Classification of Functioning, Disability and Health”.**  
 Motivation Foundation România
- 24.10.2014-17.05.2015 **Neuro-Linguistic Programming, master certificate**  
 Alternative for Modeling and Transformation Association, Neculau street, 4, Iaşi, România.  
 Master Trainer ARONLP- EANLP: University professor Drosescu Paula
- 30-31.01.2015 **Course on imaging evaluation of spinal pathology**  
 Professional Association of Physiotherapists from Moldova, Vasile Alecsandri street, 9 A, Iaşi.  
 Trainer : Dr. Savin Marius

- 17.06.2014 **Course of assessment, measurement, prescribing and adaptation of wheelchairs**  
Professional Association of Physiotherapists from Moldova, Vasile Alecsandri street, 9 A, Iași.  
Trainer : University assistant Neculăeș Marius
- 17-18.05.2014 **"Medical Taping Concept" course**  
Professional Association of Physiotherapists from Moldova, Vasile Alecsandri street, 9 A, Iași.  
Trainer: Erika Demeter, specialist and instructed Medical Taping Concept and Manual Lymph Drainage.
- 14.09.2014-15.06.2014 **Neuro-Linguistic Programming, master certificate**  
Mental Health Center "Dr. L. Ghelerter ", Ghica Vodă street, 21, Iași, România.  
Master Trainer ARONLP- EANLP: psychologist Grigore Cristian.
- 2010-2013 **Physical Therapy Degree**  
**"Alexandru Ioan Cuza" University of Iași, Faculty of Physical Education and Sport**
- 2010-2013 **Psycho-pedagogical Certificate, level 1 (initial training)**  
**"Alexandru Ioan Cuza" University of Iași, Teacher Training Department**
- 23-25.08.2013 **Course "Introduction to posturology and laterality"**  
Romanian Association for Neuro-Linguistic Programming  
Trainers: dr. Hanns von Rolbeck, Carola Muller, dr. Catiche Marius
- 24.11.2012-4.08.2013 **Neuro-Linguistic Programming, Practitioner certificate**  
Mental Health Center "Dr. L. Ghelerter ", Ghica Vodă street, 21, Iași, România.  
Master Trainer ARONLP- EANLP: psychologist Grigore Cristian.
- 13.06.2013 **Workshop "Initiation in Medical Imaging"**  
Professional Association of Physiotherapists from Moldova, Vasile Alecsandri street, 9 A, Iași.  
Trainer: Dr. Bar Camelia
- 27.04.2013 **Seminar "Actualities and trends in technique and recovery of the anterior cruciate ligament"**  
Professional Association of Physiotherapists from Moldova, Vasile Alecsandri street, 9 A, Iași.  
Trainer: Dr. Bar Marius
- 6.02.2013-7.06.2013 **Professional Qualification Certificate: Technician Masseur**  
Commercial Company Leokarma S.R.L, Ciurchi Street, no. 111, Iași, Romania.
- 30.05.2012 **Seminar "Supply of manual wheelchairs"**  
Motivation Foundation România
- 23.10.2011 **Workshop "First Aid in Physical Therapy"**  
Professional Association of Physiotherapists from Moldova, Vasile Alecsandri street, 9 A, Iași.  
Trainer: Dr. Tălmăcel Maria
- 2006-2010 **High school diploma**  
"Roman Vodă" College, Mihai Eminescu Street, no. 3, Roman, Romania.

## PERSONAL SKILLS

Mother tongue Romanian

| Other language(s) | UNDERSTANDING   |                 | SPEAKING           |                 | WRITING         |
|-------------------|-----------------|-----------------|--------------------|-----------------|-----------------|
|                   | Listening       | Reading         | Spoken interaction | Listening       |                 |
| ENGLISH           | Proficient user | Proficient user | Proficient user    | Proficient user | Proficient user |
| ITALIAN           | Proficient user | Proficient user | Proficient user    | Proficient user | Proficient user |
| FRENCH            | Basic user      | Basic user      | Basic user         | Basic user      | Basic user      |

Communication skills

- Good communication skills acquired through my own experience of interacting with patients and interacting with students at seminars and practical classes.
- Effective communication skills gained from Neuro-Linguistic Programming and coaching courses

Organisational / managerial skills

- Effective organizer of student groups, punctuality, interest, ability to manage groups optimally, team spirit, valorisation of collaboration, openness and flexibility.

Job-related skills

- Good knowledge of the organization of seminar and practical classes.
- Effective patient management capacity.

## Digital skills

| SELF-ASSESSMENT        |                  |                  |            |                 |
|------------------------|------------------|------------------|------------|-----------------|
| Information processing | Communication    | Content creation | Safety     | Problem solving |
| Independent User       | Independent User | Independent User | Basic User | Basic User      |

Driving licence A, B

## ADDITIONAL INFORMATION

## Conferences

- 06-07. 11.2020** Certificate of attendance at the International Conference "Physical Education, Sports and Kinesiotherapy – implications in quality of life", Timișoara.
- 30.10.2019 Keynote Speaker Certificate (series: MRB, code: XIX, no. 401), during the National Conference with International Participation "Kinetotherapy in the Medical Rehabilitation System", Chișinău.**
- 11-12.10.2019** Certificate of attendance at the International Conference „Education for Health and Performance”, Cluj-Napoca.
- 15-16.05.2018** Certificate of attendance at the International Conference "Recent Trends in Social Sciences. Innovative Practices in Long Term Care", Iași.

- **23-24.11.2018** Certificate of attendance at the International Conference "The Impact of Sport and Physical Education Science on Today's Society", Iasi.
- **27-29.09.2017** Certificate of attendance at the International Conference "Physical Education, Sports and Kinesitherapy – implication in life quality", Timișoara
- **14-15.10.2016** Certificate of attendance at the International Conference "Education for Health and Performance", Cluj-Napoca.
- **11-12.11.2016** Certificate of participation at the 6th International Scientific Conference, "Achievements and prospects in the field of physical education and sport within the interdisciplinary European education system", Bacău.
- **9.05.2014** Certificate for participation at the National Scientific Student Communication Session, "Interdisciplinary research in the formation of future specialists in the field of Sports Science and Physical Education", Bacău.
- **7.05.2014** Certificate of participation in the National Session of Student Scientific Communication, Faculty of Physical Education and Sport, Iași.
- **8-9.11.2013** Certificate of participation at the 8th International Conference on Physical Education and Sport and Physical Therapy, "From theory to practice", Faculty of Physical Education and Sports, Iasi.

## Research project

## Member of the project "Prospective postural study on the deficiencies present in students in Slatina".

- Financing Agreement No.1 / 11.12.2015
- Project manager: Tiu Rodica Elena
- Project Research Director: Lecturer PhD. Neculaes Marius
- **Project Member:** "Connection and Innovation: Professional Training of the Future in Kinesiotherapy and Sustainability", SMIS Code: 313183 (01.12.2024 – 30.11.2026)
- **Project Member Erasmus+ EC2U 2023–2027** (European Campus of City-Universities, No. 101124589)
- **Project Director:** ACCESSIBILITY, AWARENESS AND CONNECTIVITY TO HIGHER EDUCATION FOR PERSONS WITH DISABILITIES (ACCESS), CNFIS-FDI-2025-F-0449.

## Title of the PhD Thesis

“Contributions of Functional and Imaging Assessment to the Rehabilitation Management of Patients with Post-Stroke Disabilities”

### Articles List

#### Full-text scientific articles published in Web of Science–indexed journals with impact factor

1. **Lucaci P.**, Neculăeș M., Haba D. (2019). *The Contribution of Imaging and Functional Diagnosis to the Rehabilitation of Patients with Stroke*, Rev. Chim.70(8): 2847-2850. **Factor de Impact (2019) = 1,755**  
<https://www.webofscience.com/wos/woscc/full-record/WOS:000489685600029>
2. **Lucaci P.**, Neculăeș M., Haba D. (2019). *Study Regarding the Imaging and Functional Evaluation in the Rehabilitation of Balance in Patients with Ischaemic Stroke*, Rev. Chim. 9(10): 1592-1596. **Factor de Impact (2019) = 1,755**  
<https://www.webofscience.com/wos/woscc/full-record/WOS:000470086400016>
3. **Lucaci P.**, Neculăeș M., Constantinescu, A., Haba D. (2019). *The Medical Education and Rehabilitation of Patients with Ischaemic Stroke*, Revista de Cercetare si Interventie Sociala, 65: 97-110. **Factor de Impact (2019) = 0,736**  
<https://www.webofscience.com/wos/woscc/full-record/WOS:000502817900007>
4. Neculaes M., Hernandez-Lucas, P., Ioja Bianca, **Lucaci P.**, (2024). Contribution of Shockwave Therapy in the Functional Rehabilitation Program of Patients with Patellofemoral Pain Syndrome, Journal of Clinical Medicine. **Factor de Impact (2024) = 3**  
<https://www.webofscience.com/wos/woscc/full-record/WOS:001377290100001>
5. Neculaes, M., Hernandez-Lucas, P., **Lucaci P.**, (2024). Implications of Stabilometric Assessment in Determining Functional Deficits in Patients with Severe Knee Osteoarthritis: Observational Study, Journal of Clinical Medicine. **Factor de Impact (2024) = 3**  
<https://www.webofscience.com/wos/woscc/full-record/WOS:001245814400001>

#### Full-text scientific articles published in Web of Science–indexed journals without impact factor

1. **Lucaci P.**, Neculăeș M. (2018). *Statistical Study on the Incidence of Thrombotic Cerebral Infarction*, , Proceedings of the 4th International Conference of the Universitaria Consortium, pp:145-148.
2. Neculăeș M., **Lucaci P.** (2018). *Incidence of Aphasia in Neurological Patients*, Proceedings of the 4th International Conference of the Universitaria Consortium, pp:207-210.
3. Hodorca, R.M., Onose, I., **Lucaci, P.**, Albu, A. (2018). *Recovery of Hemiplegy Using Physioterapy Means*, Proceedings of the 4th International Conference of the Universitaria Consortium, pp:119-122.
4. **Lucaci, P.**, Neculaes, M., (2020). „*Rehabilitation of the Patient with Shoulder Hemiarthroplasty*”, 6th International Conference of the University Consortium - FEFSTIM - Physical Education, Sports and Kinesiotherapy - Implications in Quality of Life  
<https://www.webofscience.com/wos/woscc/full-record/WOS:000682773700041>

5. **Neculaes, M.,** Lucaci, P „*The Role of Physiotherapy in Posttraumatic Elbow Recovery*”, 6th International Conference of the University Consortium - FEFSTIM - Physical Education, Sports and Kinesiotherapy - Implications in Quality of Life **2020**, <https://www.webofscience.com/wos/woscc/full-record/WOS:000682773700043>

#### Full-text scientific articles published in BDI-indexed journals

1. **Lucaci P.** Neculăeș M. (2015). *Particularities of gait rehabilitation in adult hemiplegic patients*, Sport & Society, 15(1): 122-128.
2. Neculăeș M., **Lucaci P.** (2016). *Statistical study on bodyweight and body fat among students from the Physical Education and Sport Faculty in Iași*, Physical Education and Rehabilitation Journal, 9(16): 35-39.
3. **Lucaci P.**, Neculăeș M. (2017). *The Evaluation of Plantar Statics Disorders Among Preschoolers*, Sport & Society, 17(nr. Special): 100-104.
4. Hodorcă R., Onose I., Ghițescu A., Albu A., **Lucaci P.**, (2017). *Case study regarding the role of physical therapy in the recovery of column deficit in junior tennis players*, Gymnasium, 18(1): 1-9.
5. Neculăeș M., **Lucaci P.** (2017). *New therapeutic approaches in the treatment of low back pain*, Timisoara Physical Education and Rehabilitation Journal, 10(19): 11-15.
6. **LUCACI P.**, IACOB M.R. (2018). *The Efficiency of Kinetotherapy in Combating Obesity of Young Adult*, Young Scientist, 3(55): 86-88.
7. MORARU, C.E., **LUCACI, P.**, HODORCĂ, R.M., NECULĂEȘ, M., PUNI, A.R. (2018). *Rehabilitation of Athletes'ankle Fractures Using Kinesiotherapy and Aerobic Gymnastics*, Sport & Society, 18(1): 39-48.
8. **Lucaci P.**, Neculăeș M., Haba D. (2018). *Contribution of Physical Therapy to the Rehabilitation of Patients With an Ischaemic Stroke*, Sport & Society, 18(1): 29-38.
9. Solomon-Pârțac, S., **Lucaci P.**, (2020). *Study regarding the importance of preoperative physical therapy in functional recovery after meniscectomy*, Sport & Society, 20(1): 1-10.
10. Neculăeș, M., **Lucaci, P.** (2021). *Physical Therapy for Increased Quality of Life Among Patients with Arthroses*. In: Soitu, D., Hošková-Mayerová, Š., Maturo, F. (eds) *Decisions and Trends in Social Systems. Lecture Notes in Networks and Systems*, vol 189. Springer, Cham. [https://doi.org/10.1007/978-3-030-69094-6\\_9](https://doi.org/10.1007/978-3-030-69094-6_9)
11. **Lucaci, P.**, Neculăeș, M., Onose, R.M. (2021). *Medical Rehabilitation of the Elderly with Chronic Lumbar Pain*. In: Soitu, D., Hošková-Mayerová, Š., Maturo, F. (eds) *Decisions and Trends in Social Systems. Lecture Notes in Networks and Systems*, vol 189. Springer, Cham. [https://doi.org/10.1007/978-3-030-69094-6\\_10](https://doi.org/10.1007/978-3-030-69094-6_10)
12. 14. CM Dascălu, M Neculăeș, **Lucaci Paul**, (2023). „Contribution of physiotherapy in reducing the risk of fall in the elderly”. Sport & Society/Sport si Societate 23 (2). <https://www.sportsisocietate.ro/articol/623>
13. Cătălina-Mihaela Dascălu, Marius Neculăeș, **Lucaci Paul** (2024). *PHYSIOTHERAPY IN THE MANAGEMENT OF KNEE OSTEOARTHRITIS IN ELDERLY*. Sport & Society, 24(1):1.
14. Catalina Mihaela Dascalu, **Paul Lucaci**, Neculaes Marius, Abalasei Beatrice Aurelia (2024). *THE CONTRIBUTION OF THE OTAGO EXERCISE PROGRAM TO IMPROVE BALANCE IN THE ELDERLY*, Sport & Society, 24(1):1. <https://www.sportsisocietate.ro/articol/675>