

Curriculum Vitae

PERSONAL INFORMATION

Cristian Mihail Rus



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- cristian.rus@uaic.ro
- www.cristianmihailrus.ro/https://orcid.org/0000-0002-1781-3871
- office@cristianmihailrus.ro

| Nationality Română

WORK EXPERIENCE

1995 – present Associate Professor

Alexandru Ioan Cuza University of Iași (UAIC) Bulevardul Carol I, Nr.11, 700506, Iași, România https://www.uaic.ro

Faculty of Physical Education and Sport http://www.sport.uaic.ro

Faculty of Psychology and Education Sciences http://www.psih.uaic.ro

Teaching activities in the following subjects:

- Methodology of teaching gymnastics in school;
- Theory and practice in branches of gymnastics: Artistic Gymnastics;
- Swimming; Badminton; Martial Arts Karate-Do; Tourism and tourist orientation; Skiing,
- Coordination of Pedagogical Practice.
- Didactics of the field of Sports Science and Physical Education.
- Olympism Olympic Education.
- Pedagogical Practice.
- Design and coordination of leisure activities.

Main activities and responsibilities Teaching and research activity.

EDUCATION AND TRAINING

Period Diploma obtained Name and type of educational institution with dates	2025 Graduation certificate-series S-nr.0106835 Specialization Librarian	Replace with European Qualification Framework (or other) level if relevant
	Profesional New Consult Pitești	
	Replace with a list of principal subjects covered or skills acquired	
Period Diploma obtained Name and type of educational institution with dates	2022-2024 Master in "Theories and practices in visual arts"	Replace with European Qualification Framework (or other) level if relevant
	National University of Arts "George Enescu" lasi	
	Replace with a list of principal subjects covered or skills acquired	
Period Diploma obtained Name and type of educational institution with dates	2018-2019 Graduation certificate-series L-nr.00359655 HUMAN RESOURCES MANAGER	Replace with European Qualification Framework (or other) level if relevant
	Chamber of Commerce and Industry lasi	
	Replace with a list of principal subjects covered or skills acquired	
Period Diploma obtained Name and type of educational institution with dates	2019 Graduation certificate-series L-00426911 ENTREPRENEURIAL COMPETENCES	Replace with European Qualification Framework (or other) level if relevant



	HR SPECIALISTS SRL		
	Replace with a list of principal subjects covered or skills acquired		
Period	2017	Replace wit	
Diploma obtained	Graduation certificate-series k-NR. 00056877	Europea	
Name and type of educational institution with dates	CAREER GUIDANCE COUNSELOR	Qualification Framework (or other level if relevant	
	SC CONSULTING/PROTECTION SRL		
	Replace with a list of principal subjects covered or skills acquired		
Period	2016	Replace wi	
Diploma obtained Name and type of educational institution with dates	Graduation certificate-series k-NR.00051705 PROFESSIONAL COMPETENCES EVALUATOR	Europea Qualification Framework (or other	
institution with dates	FOUNDATION OF THE ARBITRATION AND MEDIATION CHAMBER		
	Replace with a list of principal subjects covered or skills acquired Replace with a list of principal subjects covered or skills acquired		
Period	2015	Replace wi	
Diploma obtained Name and type of educational	Graduation certificate-series J-nr.00258418 TRAINING MANAGER	Europea Qualification Framework (or other	
institution with dates	Graduation certificate-series J-nr.00258462 TRAINER	level if releva	
	Graduation certificate-series J-nr.00258462		
	Key competencies common to several occupations-		
	Entrepreneurship competencies		
	Sc Euro Personal SRL		
	Replace with a list of principal subjects covered or skills acquired		
Period	2015	Replace wi	
Diploma obtained	Graduation certificate-series L-00258667	Europea Qualificatio	
Name and type of educational	PROJECT EVALUATOR	Framework (or other	
institution with dates	Graduation certificate-series L-00258293 EVALUATOR OF TRAINING PROGRAM PROVIDERS	level if releva	
	SC Training Cariere SRL		
	Replace with a list of principal subjects covered or skills acquired		
Period	2014	Replace w	
Diploma obtained Name and type of educational institution with dates	Certificate of Attestation of Professional Competencies-Series B-No.0002069	Europea Qualification Framework (or other level if releva	
	EDUCATIONAL SCIENCES		
	University of Pitesti		
	Replace with a list of principal subjects covered or skills acquired		
Period Diploma obtained	2013 Craduation Cartificate	Replace wi Europea	
Diploma obtained Name and type of educational institution with dates	Graduation Certificate FOREIGN POLICY AND DIPLOMACY	Qualification Framework (or other	
	Romania Diplomatic Institute București	•	
	Replace with a list of principal subjects covered or skills acquired		
	2013	Replace wi	
Period	Graduation Diploma	Europea Qualificatio	
Period Diploma obtained	Oraddation Diploma	Qualification	
	"QUALITY, INNOVATION, COMMUNICATION IN THE CONTINUOUS TRAINING SYSTEM OF HIGHER EDUCATION	· ·	
Diploma obtained Name and type of educational	"QUALITY, INNOVATION, COMMUNICATION IN THE	Framework (or other level if releval ity of Bucharest,	



Curriculum Vitae

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PERSONAL SKILLS

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Other language(s)

UNDERSTANDING		SPEAKING		WRITING
Listening	Reading	Spoken interaction	Spoken production	
				P1/2·

English

C1/2 PROFICIENT C1/2 PROFICIENT C1/2 PROFICIENT USER

USER

USER

B1/2:
INDEPENDENT
USER

USER

Replace with name of language certificate. Enter level if known.

Levels: A1/2: Basic user - B1/2: Independent user - C1/2 Proficient user Common European Framework of Reference for Languages

Communication skills

2007, 2008, 2009, 2010, 2011-Trainer within the Leisure Animator program organized by the Romanian Federation Sport for All and the County Directorate for Youth and Sports Iaşi, within which I taught the courses Olympic Terminology and Gymnastics Terminology;

Organisational / managerial skills

Job-related skills

2007, 2008, 2009, 2010-member of the organizing committee of the Small Olympic Competition, held in partnership with the Romanian Olympic and Sports Committee, the Iaşi County School Inspectorate, the Faculty of Physical Education and Sports, the Olympic Circle "Maricica Puică" 2009-collaborator in the project Tourism-means of youth education financed by the Ministry of Youth and Sports and Directorate financed by the Ministry of Youth for Youth and Sports Iaşi; Example:

- 2010- Coordinator of the Conference Current events and trends in research in Physical Education and Sport
- 2011-coordinator of the BicicOOltura program at the "Alexandru Ioan Cuza" University of Iaşi within the FP 7 program CIVITAS-ARCHIMEDES PROJECT implemented by the Municipality of Iaşi.
- 2013-Coordinator of the Exercitium editorial collection at the "Alexandru Ioan Cuza" University Publishing House of Iaşi.
- Responsible for the Civil Protection Commission at the "Alexandru Ioan Cuza" University of Iaşi;
- Responsible for the commission: Specialist training within the Romanian Olympic Academy, Iaşi Branch. EXPERT IN THE PROJECT: PREVENTING THE PHENOMENON OF EARLY SCHOOL LEAVING AND CORRECTING SCHOOL ABANDONMENT IN FORMERLY INDUSTRIALIZED AREAS. POSDRU 181/2.2/S/152303
- SCIENTIFIC RESEARCHER within the Erasmus+ Sport Project "More Then Gold" financed by the EU through Erasmus + funds; 2018-2683/001-001
- PROJECT MANAGER COR242101 in the GIFT Project (Grow in Family Today), funded by the EU through Erasmus + funds, no.2018-1-FR01-KA202-048115
- PROJECT MANAGER COR242101 in the Project "Entrepreneurship School "Romania Start Up Plus" in the North East Region POCU/82/3/7/106861"
- PROJECT MANAGER COR 242101 in the Project "Keep up Invest in your Future" Mysmis2021
 Code: 318267 co-financed by the Education and Employment Program 2021-2027"
- 2016-2024 Member of the Local Council of Tomești Commune
- 2020-2024 Member of the Board of Directors of the County Center for Resources and Educational Assistance lasi
- 2016-2023 Member of the Board of Directors of the High School with a Sports Program lasi
- 2020-2024 Member of the Board of Directors of the "Otilia Cazimir" High School Iasi

Computer skills

Competences for using Microsoft Office (Word, Power-Point, Excel); SPSS; Blackboard Platform; Internet, Zoom, Skype.

Other skills

- Organizer of summer / winter camps for children students.
- Coordination of the hot air balloon recovery team.

Driving licence

Driving licence category:

■ A; B; D1.

ADDITIONAL INFORMATION

euro*pass*

Curriculum Vitae

Publications

- 1. **Rus, C.M.**, Radu, L.E., (2014), The Implications of Physical Education and Sport in the Moral Education of High School Students, Revista de Cercetare şi Intervenţie Socială (RCIS), vol. 45, p. 45-55, IF 2014 0,798, https://www.rcis.ro/en/section1/115-volumul-452014iunie/1575-the-implications-of-physical-education-and-sport-in-the-moral-education-of-high-school-students.html
- 2. **Rus, CM**, Radu, LE, Vanvu, GI, (2016) Motivation for Participating to Sports Competitions in School. Revista de Cercetare si Interventie Sociala, 52, p. 195-203, IF 2016 0,380, http://www.rcis.ro/en/current-isue/2249-motivation-for-participating-to-sports-competitions-in-school.html
- 3. Talaghir, Lauretiu-Gabriel; Gheonea, Victoria; **Rus CM**, **(**2018), Statistical Analysis of Hospitalized Morbidity Indicators based on DRG in Romanian Public Hospitals et al. REVISTA DE CERCETARE SI INTERVENTIE SOCIALA Vol. 61 p. 163-186, IF 1,076
- https://www.rcis.ro/en/section1/149-volumul-612018iunie/2448-statistical-analysis-of-hospitalized-morbidity-indicators-based-on-drg-in-romanian-public-hospitals.html
- 4. Petrea Renato Gabriel; Rus CM, (2019), INSTITUTIONAL ORGANIZATION AND THE VIZSUAL IDENTITY WITHIN THE PHYSICAL EDUCATION AND SPORT FACULTIES ÎN ROMANIA, REVISTA DE CERCETARE SI INTERVENTIE SOCIALA, vol. 64, p. 299-309, IF 2019- 0,736, https://www.rcis.ro/en/section1/156-volumul-682020martie/2677-institutional-organisation-and-the-visual-identity-within-the-physical-education-and-sports-faculties-in-romania.html
- 5. Rus CM, Talaghir, Lauretiu-Gabriel; Iconomescu Teodora Mihaela;Petrea Renato, (2019), CURRICULUM CHANGES IN SECONDARY SCHOOTION SISTEML PHYSICAL EDUCATION AND SPORT SUBJECT IN ROMANIAN EDUCATION SYSTEM et al.REVISTA DE CERCETARE SI INTERVENTIE SOCIALA Vol. 66, p. 342-363, IF 2019- 0,736 https://www.rcis.ro/en/section1/154-volumul-662019septembrie/2602-curriculum-changes-in-secondary-school-physical-education-and-sport-subject-in-the-romanian-education-system.html
- 6. Talaghir, L.G., **Rus, C.M.,** Iconomescu, T.M., Popovici, I.M. (2020). The Significance of Performance-Based Assessment for the Physical Education School Subject According to the Scoring System Used in the Romanian Educational System. Revista de Cercetare si Interventie Sociala, Vol. 69, p. 388-409. IF 2019- 0,736. https://www.rcis.ro/en/current-isue/2710-the-significance-of-performance-based-assessment-for-the-physical-education-school-subject-according-to-the-scoring-system-used-in-the-romanian-educational-system.html
- 7. Rus, C. M. (2017). Physical Education and Sports a Field more Valuable and Actual than Ever. Editorial. Revista Romaneasca pentru Educatie Multidimensionala, 9(3), 7-9. https://lumenpublishing.com/journals/index.php/rrem/article/view/168/pdf
- 8. +++ ORCID ID0000-0002-1781-3871

Published books

- Rus, CM, 2018 "Inotul. Pentru profesorul de educație fizică și sport", Editura Universității "Alexandru Ioan Cuza" Iași; ISBN: 978-606-714-453-6
- Rus, CM, 2012 "Karate. Pentru profesorul de educație fizică și sport", Editura Universității "Alexandru Ioan Cuza" Iași; ISBN: 978-606-714-027-9
- 3. Rus, CM, 2011 "Gimnastica în școală", Editura Universității "Alexandru Ioan Cuza" Iași;
- 4. Rus, CM, 2008 "Badmintonul. Pentru profesorul de educație fizică și sport", Editura Universității "Alexandru Ioan Cuza" Iași; ISBN: 978-973-703-344-4
- Rus, CM, 2007 "Formarea profesorului de educaţie fizică. Mijloacele gimnasticii de bază pentru învăţământul superior", Editura Universităţii "Alexandru Ioan Cuza" Iaşi; ISBN: 978-973-703-2
- Rus, CM, 2005 "Pentru profesorul de educaţie fizică şi sport. Gimnastica", Editura Universităţii "Alexandru Ioan Cuza" Iaşi. ISBN: 973-703-063-X
- Rus, CM, 2018 "Gimnastica de bază în formarea profesorilor de educatie fizică", Editura Risoprint Cluj Napoca; ISBN 978-973-53-2219-9
- Rus, CM, 2018 "Introducere în jocul de Badminton", Editura Universităţii Transilvania din Braşov; ISBN 978-606-19-0999-5
- Rus, CM, 2019 "Schiul. Pentru profesorul de educatie fizica si sport", Editura Risoprint Cluj Napoca; ISBN978-973-53-2336-3
- 10. Rus, CM, Teşu A., 2019 "Ghidul candidatului la titularizare sau definitivat pentru disciplina Educație Fizică si Sport", Editura Risoprint Cluj Napoca; ISBN 978-973-53-2337-0

Conferences Seminars

- Plenary Speaker Conferinta Stiintifica Internationala 8th LUMEN International Scientific Conference Rethinking Social Action. Core Values in Practice | RSACVP 2017 | 6-9 April 2017 | Suceava + Iasi – Romania & Cernivtsi – Ukraine http://conferinta.info/conference-archives/lumen-rsacvp2017/plenary-speakers-rsacvp2017/
- Plenary Speaker Conferinta Stiintifica Internationala 4th Central & Eastern European LUMEN International Scientific Conference on Education, Sport and Health | 29-30 September 2017 | Chisinau, Moldova, http://lumen.international/esh2017/plenary-speakers/





Memberships
Member of the scientific
committee

- Co-Director de Conferință Ştiinţifică Internaţională 4th Central & Eastern European LUMEN International Scientific Conference on Education, Sport and Health | 29-30 September 2017 | Chisinau, Moldova http://lumen.international/esh2017/committees/organizing-committee /
- Coordonator simpozion (Chair) Coordonator Workshop "Olympic Values in Contemporary Society" in cadrul Conferintei Stiintifice Internationale 8th LUMEN International Scientific Conference Rethinking Social Action. Core Values in Practice | RSACVP 2017 | 6-9 April 2017 | Suceava + Iasi – Romania & Cernivtsi – Ukraine http://conferinta.info/conference-archives/lumen-rsacvp2017/associated-events-rsacvp2017/5167-2/
- Workshop "More than Gold Rethinking Actions in Dual Career of Students"
 LUMEN INTERNATIONAL SCIENTIFIC CONFERENCE RETHINKING SOCIAL ACTION. CORE VALUES IN PRACTICE, 12th EDITION, IASI, ROMANIA, 15th-17th of MAY 2019 http://conferinta.info/conference-archives/lumen-rsacvp2019/program/
- Postmodern Openings - https://lumenpublishing.com/journals/index.php/po/about/editorialTeam
 - Revista Romaneasca pentru Educatie Multidimensionala https://lumenpublishing.com/journals/index.php/rrem/about/editorialTeam
- Logos Universality Mentality Education Novelty: Social Sciences https://lumenpublishing.com/journals/index.php/lumenss/about/editorialTeam
- Logos Universality Mentality Education Novelty: Philosophy & Humanistic Sciences https://lumenpublishing.com/journals/index.php/lumenphs/about/editorialTeam
- Logos Universality Mentality Education Novelty: Political Sciences & European Studies https://lumenpublishing.com/journals/index.php/lumenpses/about/editorialTeam
- Logos Universality Mentality Education Novelty: Economics & Administrative Sciences https://lumenpublishing.com/journals/index.php/lumeneas/about/editorialTeam
- Logos Universality Mentality Education Novelty: Law https://lumenpublishing.com/journals/index.php/lumenlaw/about/editorialTeam
- Eastern-European Journal of Medical Humanities and Bioethics https://lumenpublishing.com/journals/index.php/ejmh/about/editorialTeam
- Journal of Mediation & Social Welfare -https://lumenpublishing.com/journals/index.php/jmsw/about/editorialTeam
- Journal for Social Media Inquiry https://lumenpublishing.com/journals/index.php/jsmi/about/editorialTeam
- · Journal for Ethics in Social Studies -

https://lumenpublishing.com/journals/index.php/jess/about/editorialTeam

Memberships

Scientific referee for the evaluation and selection of conference papers

- Scientific Reviewer Committee Conferinta 14TH LUMEN CONFERENCE RSACVP2020 | MAY 22-23, 2020 | ONLINE CONFERENCE, http://conferinta.info/conference-archives/cates2017/committees/scientific-reviewers-committee/
- Scientific Reviewer Committee Conferinta 13th LUMEN International Scientific Conference Communicative Action & Transdisciplinarity in the Ethical Society | CATES 2019 | 22-23 November 2019 | Targoviste, Romania http://conferinta.info/conference-archives/lumen-cates2019/committees/
- Scientific Reviewer Committee Conferinta 3rd LUMEN EDU International Scientific Conference Education, Quality & Sustainable Development (LUMEN EDU EQSD2019) | November 20 21, 2019 | Targoviste, Romania. http://education.lumenconference.com/lumen-edu-2019/committees/
- Scientific Reviewer Committee Conferinta 5th LUMEN Central and Eastern European International Scientific Conference New Approaches in Social and Humanistic Sciences | NASHS 2018 | 21-22 September 2018 | Hradec Kralove, Czech Republic http://lumen.international/lumen-nashs2018/committees/scientific-reviewers-committee/
- Scientific Reviewer Committee Conferinta LUMEN EDU International Scientific Conference – Education, Quality & Sustainable Development (LUMEN EDU EQSD2018) | November 21 – 22, 2018 | Targoviste, Romania. http://education.lumenconference.com/lumen-edu-2018/committees-2/

Honours and awards

 Winner of the "Guide to Good Practices" competition within the POSDRU87/1.3/S63709 project entitled "QUALITY, INNOVATION, COMMUNICATION IN THE CONTINUING TRAINING SYSTEM OF TEACHERS IN HIGHER EDUCATION" 2007-2013



Curriculum Vitae

Projects

- EXERCITIUM collection coordinator, Alexandru Ioan Cuza University Publishing House, Iaşi, http://www.editura.uaic.ro/produse/colectii/exercitium/1
- Rus, CM, 2010 Coordinator "For the Physical Education and Sports Teacher", Alexandru Ioan Cuza University Publishing House, Iaşi. ISBN: 978-973-703-551-6
- Editor-in-chief / editor or member of the editorial board of a journal with a scientific and peer-review committee
- Section- Editor at the Romanian Journal for Multidimensional Education https://www.lumenpublishing.com/journals/index.php/rrem/about/editorialTeam

Section Editor

Romanian Journal for Multidimensional Education https://www.lumenpublishing.com/journals/index.php/rrem/about/editorialTeam

Managementul educaţional. Legatura dintre şcoală, familie şi societate Educational Management. Connection between school, family and the society Contributor(s): Cristian Mihail Rus (Editor), Laura Maria Cârstea (Editor), Antonela Cristina Sofronia (Editor), Puiu Petrică Sofronia (Editor) Subject(s): Social Sciences Published by: Editura Lumen, Asociatia Lumen E-ISBN-13: 978-973-166-451-4 Print-ISBN-13: 978-973-166-451-4 Page Count: 364

Publication Year: 2017 Language: Romanian https://www.ceeol.com/search/book-detail?id=569501

Managementul educational - perspective în Romania şi în lume Educational management – perspectives in Romania and worldwide

Contributor(s): Cristian Mihail Rus (Editor), Laura Maria Cârstea (Editor), Antonela Cristina Sofronia (Editor), Puiu Petrică Sofronia (Editor) Subject(s): Social Sciences Published by: Editura Lumen, Asociatia Lumen E-ISBN-978-973-166-463-7Publication Year:20 iunie 2017 Language: Romanian https://www.ceeol.com/search/book-detail?id=570016

Managementul educațional – actualitate și evoluție Educational Management – current and evolution

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