

Listă lucrări

a) Lista celor maximum 10 lucrări considerate de candidat a fi cele mai relevante pentru realizările profesionale proprii, care sunt incluse în format electronic în dosar și care se pot regăsi și în celelalte categorii de lucrări prevăzute de prezentul articol

1. Analysing of the Learning Style of Medical Students and Physical Education Students, <https://www.webofscience.com/wos/woscc/full-record/WOS:000390912200040>, WOS:000390912200040;
2. Optimising Physical Education Classes in Schools Using Technology: The use of mobile apps for active participation of medically exempt students with a focus on skill development and medical rehabilitation, <https://www.webofscience.com/wos/woscc/fullrecord/WOS:001167118000009>, WOS:001167118000009;
3. Comparison of Anthropometric Characteristics Between Athletes and Non-athletes, <https://www.webofscience.com/wos/woscc/full-record/WOS:000380560300085>, WOS:000380560300085;
4. Evolution of the Correlation Between Body Mass Index (BMI) and Agility of Primary School Students in North-Eastern Romania, <https://www.webofscience.com/wos/woscc/full-record/WOS:001368044600005>, WOS:001368044600005;
5. Blood and Salivary Cortisol Variations in Athletes in Relation to Cardiopulmonary Exercise Testing, <https://www.webofscience.com/wos/woscc/fullrecord/WOS:001095334400001>, WOS:001095334400001;
6. Neural and Motor Differences in Acceleration and Running Speed of Children Aged 6 to 11 Years in the North-Eastern Part of Romania, <https://www.webofscience.com/wos/woscc/full-record/WOS:001381264700012>, WOS:001381264700012;
7. Neuroadaptive Balance Training to Reduce Fall Risk in the Elderly, <https://www.webofscience.com/wos/woscc/full-record/WOS:001538968300004>, WOS:001538968300004;
8. Technologies Used in Medical Rehabilitation: A Systematic Review Regarding the Applicability of Rehabilitation Technologies in Certain Medical Domains, <https://www.webofscience.com/wos/woscc/full-record/WOS:001166877200030>, WOS:001166877200030;
9. The Influence of Physical Activity Regime on Body Composition among Adolescents with and without Intellectual Disabilities, <https://www.webofscience.com/wos/woscc/full-record/WOS:001171614600009>, WOS:001171614600009;
10. The variability of visual choice reaction time to different colours in male non-athletes and qwan ki do elite athletes, <https://www.webofscience.com/wos/woscc/fullrecord/WOS:000520403800001>, WOS:000520403800001.

b) Teza de doctorat

Teza de doctorat

Optimizarea pregătirii în voleiul de performanță prin controlul stresului, coordonator Prof. Univ. Dr. Rață Gloria, Universitatea Națională de Educație Fizică și Sport din București.

c) Brevete de invenție și alte titluri de proprietate industrială

d) Cărți și capitole în cărți

Cărți

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- Droșescu Paula, Puni Alexandru-Rareș, *Noțiuni fundamentale de prim ajutor*, Editura Risoprint, Cluj-Napoca, 2016, ISBN 978-973-53-1936-6, 171 pagini.
- Moraru Cristina-Elena, Puni Alexandru-Rareș, *Educarea calităților coordinative în școală*, Editura Risoprint, 2018, ISBN 978-973-53-2271-7, 186 pagini.
- Puni Alexandru-Rareș, *Aspecte teoretice ale stresului*, Editura Risoprint, Cluj-Napoca, 2021, ISBN 978-973-53-2691-3, 82 pagini.
- Alexandru-Rareș PUNI, *Bazele generale ale antrenamentului sportiv*, Editura Risoprint, ISBN: 978-973-53-3164-1, 2023, Cluj-Napoca, 175 pagini
- Alexandru-Rareș PUNI, Bogdan-Constantin UNGUREAN, *Fundamentele științifice ale jocurilor sportive: Volei*, ISBN 978-973-53-3518-2, Editura Risoprint, 2025, 143 pagini;

Alexandru-Rareș PUNI, Bogdan-Constantin UNGUREAN, Exerciții și jocuri pentru însușirea tehnicii în jocul de volei, ISBN 978-973-53-3557-1, Editura Risoprint, 2026, 328 pagini;

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1. Dascalu, CM (Dascalu, Catalina Mihaela); Lucaci, P (Lucaci, Paul); Neculaes, M (Neculaes, Marius); Abalasei, BA (Abalasei, Beatrice-Aurelia); Puni, AR (Puni, Alexandru-Rares), (2025), Neuroadaptive Balance Training to Reduce Fall Risk in the Elderly, WOS:001538968300004, factor de impact 0,5 <https://www.webofscience.com/wos/woscc/full-record/WOS:001538968300004>
2. Szabo, DA (Szabo, Dan Alexandru); Ene-Voiculescu, V (Ene-Voiculescu, Virgil); Teodorescu, S (Teodorescu, Silvia); Larion, A (Larion, Alin); Mocanu, GD (Mocanu, George Danut); Puni, AR (Puni, Alexandru Rares); Ilea, IC (Ilea, Iamina-Camelia); Părvu, C (Parvu, Carmen), (2025), Psychological and Neurological Tests are Required to Reduce the Risk of Injuries in Paragliding, WOS:001447686400001, factor de impact 0,5 <https://www.webofscience.com/wos/woscc/full-record/WOS:001447686400001>
3. Cojocariu, A., Ungurean, B.C., Oprean, A., Puni, A.R., (2019), WOS: 00052040380001, The variability of visual choice reaction time to different colours in male non-athletes and qwan ki do elite athletes, factor de impact 1.551 <https://www.webofscience.com/wos/woscc/full-record/WOS:000520403800001>
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5. Honceriu, C., Roca, M., Costache, A.D., Abalasei A.B., Popescu, L., Puni, A.R., Mastaleru, A., Oancea, A., Drugescu, A., Adam, C., Mitu, O., Costache, I.I., Leon, M.M., Roca, I.C., Mocanu, V., Mitu, F., (2023), WOS: 001095334400001, Blood and Salivary Cortisol Variations in Athletes in Relation to Cardiopulmonary Exercise Testing, factor de impact 2.6, <https://www.webofscience.com/wos/woscc/full-record/WOS:001095334400001>
6. Părvu, C., Szabo, D.A., Ungurean, B.C., Silisteanu, S.C., Puni, A.R., (2023), WOS:001167118000009, Optimising Physical Education Classes in Schools Using Technology: The use of mobile apps for active participation of medically exempt students with a focus on skill development and medical rehabilitation, factor de impact 1.5, <https://www.webofscience.com/wos/woscc/full-record/WOS:001167118000009>
7. Szabo, DA (Szabo, Dan Alexandru); Neagu, N (Neagu, Nicolae); Florea, SE (Florea, Silvan Emanuel); Veres, C (Veres, Cristina); Părvu, C (Parvu, Carmen); Puni, AR (Puni, Alexandru Rares); Teodorescu, S (Teodorescu, Silvia), (2023), WOS:001166877200030, Technologies Used in Medical Rehabilitation: A Systematic Review Regarding the Applicability of Rehabilitation Technologies in Certain Medical Domains, factor de impact 2.3, <https://www.webofscience.com/wos/woscc/full-record/WOS:001166877200030>
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9. Petruț Florin Trofin, Maria Andreea Coteață, Cezar Honceriu, Alin Stelian Ciobîcă, Rareș Alexandru Puni, (2024), WOS:001368044600005, Evolution of the Correlation Between Body Mass Index (BMI) and Agility of Primary School Students in North-Eastern Romania, <https://www.webofscience.com/wos/woscc/full-record/WOS:001368044600005>
10. Petruț Florin Trofin, Maria Andreea Coteață, Cezar Honceriu, Alin Stelian Ciobîcă, Ioannis Mavroudis, Rareș Alexandru Puni, (2024), WOS:001381264700012, Neural and Motor Differences in Acceleration and Running Speed of Children Aged 6 to 11 Years in the North-Eastern Part of Romania, <https://www.webofscience.com/wos/woscc/full-record/WOS:001381264700012>

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