



Vlad-Alexandru Muntianu

Date of birth: 09/02/1996 | **Nationality:** Romanian | **Gender:** Male | (+40) 742770767 |

vlad.muntianu@uaic.ro | Str. Toma Cozma, nr. 3, 700554, Iași, Romania

● WORK EXPERIENCE

01/09/2017 – 10/02/2021 – Iași, Romania

PRIMARY SCHOOL TEACHER – ȘCOALA GIMNAZIALĂ „ION SIMIONESCU”

Guiding the practical activity towards the improvement of the main motor elements of scholars.

01/10/2017 – 01/10/2019 – Iași, Romania

UNIVERSITY TEACHING ASSISTANT – UNIVERSITATEA „ALEXANDRU IOAN CUZA”

Physical education classes with the students of the faculties from University „Alexandru Ioan Cuza” from Iași

14/02/2021 – CURRENT – Iași, Romania

UNIVERSITY ASSISTANT INSTRUCTOR – UNIVERSITATEA „ALEXANDRU IOAN CUZA”

Teaching specific subjects from the curriculum of the Faculty of Physical Education and Sport from Iași

Participation in scientific conferences

Engaging in field-specific research

01/06/2018 – CURRENT – Iași, Romania

VOLUNTEER – TABĂRA „JUNIOR SMILE”

Various motor activities

Hiking and trekking

Mountain biking

Kayak

Swimming

17/11/2017 – 17/11/2017 – Iași, Romania

VOLUNTEER – ASOCIAȚIA AS NATURA

Participating in the organization of activities carried out in order to obtain a new world record for this activity

08/10/2016 – 09/10/2016 – Iași, Romania

VOLUNTEER – FUNDAȚIA SPORTULUI IEȘEAN

Arranging the route and guiding the participants during the competition

02/02/2022 – CURRENT – Iași, Romania

VOLUNTEER – UNIVERSITATEA „ALEXANDRU IOAN CUZA”

Fulfilling the established tasks and observing the norms in force;

Participation in the activities organized within GI-UAIC-2021-09;

Realization of photo/video materials for the promotion of the activities carried out within GI-UAIC-2021-09;

Providing the necessary support to the students from the target group for good development of the activities;

Guidance to outsiders who may disrupt the conduct of GI-UAIC-2021-09 to the project manager;
Compliance with university regulations;
Participation in meetings scheduled in order to organize the activity that takes place in a voluntary manner;

30/09/2020 – CURRENT – Iași, Romania

PROJECT MEMBER - CAPA „CUM AJUNG PROFESOR/ANTRENOR?” (HOW DO I BECOME A TEACHER/TRAINER?) – UNIVERSITY „ALEXANDRU IOAN CUZA”

Implementing activities to guide high school students in order to guide them in choosing the best option after completing high school

● **EDUCATION AND TRAINING**

01/10/2014 – 14/07/2017 – Str. Toma Cozma, nr. 3, Iași, Romania

LICENSE IN PHYSICAL EDUCATION AND SPORTS – Faculty of Physical Education and Sports

<https://www.sport.uaic.ro/>

01/10/2017 – 14/06/2019 – Str. Toma Cozma, nr. 3, Iași, Romania

MASTER'S DEGREE - FITNESS AND BODY AESTHETICS – Faculty of Physical Education and Sports

<https://www.sport.uaic.ro/>

01/10/2019 – CURRENT – Str. Toma Cozma, nr. 3, Iași, Romania

PHD IN SPORTS SCIENCE AND PHYSICAL EDUCATION DOMAIN – Faculty of Physical Education and Sports

● **LANGUAGE SKILLS**

Mother tongue(s): **ROMANIAN**

Other language(s):

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken production	Spoken interaction	
ENGLISH	C1	C1	C1	C1	C1
PORTUGUESE	B1	B1	A2	A2	A2

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

● **DIGITAL SKILLS**

IBM Statistics SPSS | Microsoft Office | Google (Google Drive, Google Docs, Google Slides) | Social Media

● CONFERENCES AND SEMINARS

23/11/2019 – 25/11/2019 – Universitatea „Alexandru Ioan Cuza” din Iași

Conferința Internațională a Consorțiului Universitaria - Ediția a VI a

Participarea la organizarea conferinței și realizarea unui articol de cercetare în vederea participării în cadrul acesteia

11/06/2020 – 13/06/2020 – Universitatea Națională de Educație Fizică și Sport

International Congress of Physical Education, Sports and Kinetotherapy - 10th Edition

<https://congres.unefsb.ro/>

28/05/2020 – 30/05/2020 – Constanța

To the 20th INTERNATIONAL SCIENTIFIC CONFERENCE “PERSPECTIVES IN PHYSICAL EDUCATION AND SPORT”

<http://fefs.univ-ovidius.ro/conferinta>

11/10/2019 – 13/10/2019 – Universitatea „Babes Bolyai” din Cluj

The fifth International Conference of the Universitaria Consortium Education for Health and Performance

<http://sport.ubbcluj.ro/conferinte-fefs/>

15/11/2019 – 16/11/2019

8th International Scientific Conference (ISCB)

[https://www.ub.ro/smss/files/facultati/fsmss/cercetare/2019/ISCB/Invitatie ISCB 2019 First announcement - 1.pdf](https://www.ub.ro/smss/files/facultati/fsmss/cercetare/2019/ISCB/Invitatie_ISCB_2019_First_announcement_-_1.pdf)

06/11/2020 – 07/11/2020 – Universitatea de Vest din Timișoara

FEFSTIM: Physical Education, Sports and Kinesiology – Implications in quality of life

<https://fefstim.uvt.ro/wp-content/uploads/2014/07/Program-FEFSTIM2020-pentru-site-finalb.pdf>

13/09/2021 – 17/09/2021 – Opatija, Croația

9 th International Scientific Conference on Kinesiology,

<https://www.kif.unizg.hr/news/16755/9-Conference-Kinesiology-2021-Proceedings-final-za-objavu-web.pdf?fbclid=IwAR37oWMVpr91tmgEpQxeAjYqjZrz2cTktShDDy337bhklzW2nneg03UPIw>

22/04/2019 – 24/04/2019 – Universitatea de Vest din Timișoara

Student Scientific Communications Session - Universitaria Cup

● PUBLICATIONS

Muntianu V.A. (2018). Statistical Analysis Of Specific Team Sports traumatology Rugby-Handball. Sports & Society International Journal Physical Education and Sports. Volume 18 - Issue 2

<https://www.sportsisocietate.ro/articol/433> – 2018

<https://www.sportsisocietate.ro/articol/433>.

Muntianu V.A., Abalășei B.A. (2019). Statistical analysis of injury patterns according to playing position in Handball, The 5th International Conference of the Universitaria Consortium Education for Health and Performance, pp 217-223

www.shorturl.at/tuBCG. www.shorturl.at/tuBCG.

Muntianu V.A., Abalășei B. A. (2020). Statistical Analysis Of Specific Team Sports Traumatology – Handball, Science, Movement and Health, Vol. XX, ISSUE 2 Supplement, 20 (2 Supplement): 296 – 301

www.shorturl.at/tuBCG. – 2020
www.shorturl.at/tuBCG.

Muntianu, V., Voinea, N. (2020). Evaluation of anthropometric characteristics of junior handball players in correlation with field testing. SPORT AND SOCIETY Interdisciplinary Journal of Physical Education and Sports. Volume 20 Issue 2

<https://doi.org/10.36836/2020/2/> – 2020
<https://doi.org/10.36836/2020/2/>

Stegariu, V., Muntian, V., & Martinaș, F. (2020). Study on the Evolution of Anthropometric Indices in Primary School Students. GYMNASIUM, XXI(1 (Supplement)), 5-17. doi:10.29081/gsjesh.2020.21.1s.01.

2020

Muntianu, V., Voinea, N. (2020). Psychomotor abilities in handball. Overview. SPORT AND SOCIETY Interdisciplinary Journal of Physical Education and Sports. Volume 20 Issue 2.

<https://doi.org/10.36836/2020/2/> – 2020
<https://doi.org/10.36836/2020/2/>

Muntianu V.A., Abalășei B.A., Trofin F.P., Vizitiu M.E. (2021). 2D:4D Ratio Of Junior Handball And Football Players In Correlation With Somatic Measurements. International Conference of the Universitaria Consortium in Physical Education, Sports and Physiotherapy, 12 – 13 Noiembrie, Iași.

2021

Muntianu V.A., Abalășei B.A. (2021). Somatic Evaluation Of Junior Handball Players. Discobolul – Physical Education, Sport and Kinetotherapy Journal, Volume 60, Supplementary Issue, 579-589

<https://doi.org/10.35189/dpeskj.2021.60.s5>. – 2021
<https://doi.org/10.35189/dpeskj.2021.60.s5>.

● HONOURS AND AWARDS

30/09/2019

Excellence award for special academic performance – BRD - Grupe Societe Generale

● DRIVING LICENCE

Driving Licence: B