



PERSONAL INFORMATION

GERMINA-ALINA COSMA



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PROFESIONAL  
EXPERIENCE

2020-present

Professor PhD.

University of Craiova, Faculty of Physical Education and Sport

Teaching and research activity in the field of Sports Science and Physical Education  
[Education and research](#)

2019-prezent

Director of Department 05 Theory and Methodology of Motor Activities, University of Craiova

University of Craiova, Faculty of Physical Education and Sport

- Activity management of the department 05

2016-2020

Associate Professor PhD

University of Craiova, Faculty of Physical Education and Sport

2011-2016

Lecturer PhD

University of Craiova, Faculty of Physical Education and Sport

2003-2011

Assistent Prof.

University of Craiova, Faculty of Physical Education and Sport

2002-2003

Teacher of Physical Education

Scholar Group „Ilie Murgulescu”, Craiova

EDUCATION

2018

[Habilitation Certificate in the field of Sports Science and Physical Education](#)

National University of Physical Education and Sport, Bucharest

2007-2010

[Doctor's Degree in Physical Education and Sports](#)

University of Pitești, Faculty of Physical Education and Sport

2003-2005

[Master's degree in Sports and Management in Sports](#)

University of Craiova, Faculty of Physical Education and Sport

[Bachelor's Degree in Physical Education](#)

1998-2002

University of Craiova, Faculty of Physical Education and Sport

REPRESENTATIVE  
PORTFOLIO

- 2020-present member of the Senate of the University of Craiova;
- 2020-2021 - IOHSK Ambassador to Romania;
- 2019 - Program Director ALDO-CET Romania, member of the Board of Directors of the Association
- 2019- present - PhD coordinator IOSUD Craiova, Doctoral School of Social Sciences and Humanities

- 2018 - present Secretary General of the Romanian Sports Science Council
- 2016 - Graduate of the PROJECT MANAGER course, COR Code - 2421.0.1
- 2016-present - member of the Council of the Faculty of Physical Education and Sports, University of Craiova
- 2015-present editorial board member The Swedish Journal of Scientific Research (SJSR)
- 2013-present editor-in-chief Journal of Sport and Kinetic Movement
- 2012-2016 - member of the Council of the Department of European Funds - University of Craiova
- 2012-2019 - member of the Council of the Department of Relations with the socio-economic and cultural environment-University of Craiova,
- 2012 - present - member of the Evaluation and Quality Assurance Commission of FEFS Craiova
- 2012-present - coordinator G.L.-Psychopedagogy of motor activities within the UCV HUMAN MOTOR STUDY AND RESEARCH CENTER. Craiova
- 2011-2019- member of the Board of Directors of the department 05 FEFS - Theory and Methodology of Motor Activities, responsible for scientific research.
- 2010-2018 - Member of the Board of Directors of CSSR
- 2010- 2013 - member of the Editorial Board of the journal Medicina Sportiva (The Journal of Romanian Sport Medicine Society), Cotata CNCSIS B + e
- 2009 - editorial secretary of the specialized magazine "Viitorul", Craiova
- 2008-present- member of the Organizing Committee / Scientific Committee of the International Conference "Physical Exercise - a modern and complex way to promote healthy living".
- Since 2004 - present coordinator of the dance and aerobic gymnastics team of FEFS Craiova, participant and medalist at the National University Championships.

Language (s) default (s) Română

Other languages

	LISTENING		SPEAKING		WRITING
	Reading	Listening	Participating in conversation	Oral speech	
English	C1	C1	C1	C1	B2

Awards obtained in scientific research

- 2017 - **1st place** - The Influence of dance for people with Down Syndrome, Poster Competition, Youth in the perspective of the Olympic Movement, Braşov, 2017  
<http://www.unitbv.ro/Portals/24/Ypom%202017/poster%20competition%201.pdf>
- 2014- **Best Presentation Award**, International Multidisciplinary Scientific Conferences on Social Sciences and Arts (SGEM 2014), BULGARIA  
<http://sgemsocial.org/index.php/sgem-social-deadlines/sgem-social-awards2014>
- 2014 - **BEST PAPER** 6th Edition of the National Scientific Forum of Sport, Final Scientific Competition
- 2013 - **AWARD** (PN-II-RU-PRECISI-2013-7-3117) RUSU, L., COSMA, G., CERNAIANU, S., MARIN, M., RUSU, F., CIOCANESCU, NEFERU, F. (2013) Tensiomyography method used for neuromuscular assessment of muscle training, Journal of Neuroengineering and Rehabilitation,
- 2012- Diploma of scientific merit, Cosma Germina 4th Edition of the National Scientific Forum of Sport, Final Scientific Competition, Izvorani, Romania

## Projects

- 2011- Diploma of scientific merit Cosma Germina, Orțănescu Dorina, Enescu-Bieru Denisa, 3rd Edition of the National Scientific Forum of Sport, Final Scientific Competition, Izvorani, Romania
- 2011- Diploma of scientific merit, Orțănescu Dorina, Cosma Germina, Dumitru Roxana, 3rd Edition of the National Scientific Forum of Sport, Final Scientific Competition, Izvorani, Romania
- 2011- Diploma of scientific merit , Lică Eliana, Dragomir Mihai, **Cosma Germina**, Cosma Alexandru 3<sup>th</sup> Edition of the National Scientific Forum of Sport, Final Scientific Competition, Izvorani, Romania
- 2009- 3rd place, Young Doctoral Students Olympiad, C.C.P.U., University of Pitesti, F.E.F.S
- 2009- Best Free Communication Young Investigator Award – Sport Performance section, International Conference “PHYSICAL EXERCISES A COMPLEX AND MODERN WAY TO PROMOTE HEALTHY LIVING”, University of Craiova
- Erasmus + contract 623073-EPP-1-2020-1-ES-SPO-SCP entitled "IMPLEMENTATION OF COLPBOL SPORT AT EUROPEAN LEVEL AS A TOOL TO IMPROVE THE QUALITY OF LIFE PEOPLE WITH INTELLECTUAL DISABILITIES" - **activity coordinator**
- SGU Secondary Education Project - ROSE (AG21), “Be active in summer through sport” summer school, financed by the International Bank for Reconstruction and Development, period 2017-2019, project value - 541525 lei, **project manager**
- Contract Erasmus + Strategic Partnerships, TRAINING PROGRAM FOR IMPROVING QUALITY OF LIFE OF PERSONS WITH DOWN SYNDROME THROUGH INCLUSIVE LEISURE (DS LEISURE),, period 2017-2019, project value 219782 euro, **project manager** University of Craiova
- Erasmus + INVOLVING PERSONS WITH DOWN SYNDROME IN THE IMPLEMENTATION OF SUSTAINABLE DEVELOPMENT GOALS THROUGH SERVICE LEARNING, period 2020-2022, ALDO-CET **project manager**
- Internships for students of the Faculties of Physical Education and Sports, Social Sciences and Law - Project co-financed by POCU 2014-2020, POCU / 90 / 6.13 / 6.14-106118 - **Internship coordinator**.
- Erasmus + Contract - HEALTHY DS, 2015-2017, 01.09.2015 - 31.08.2017; - project implementation team member.
- Internal research grant “Rhythmic games and their role in the development of coordination skills of primary school students”, period 2014-2015, project value 12,000 lei, grant director
- Research contract - "Europe-Dissart", funded by the European Commission through the program "Joint Actions, Socrates, Leonardo da Vinci & Youth - 2005-2006 - Project director - Vâlsan Maria, value 240225 Euro, member of the implementation team
- Research contract - “Different ways of seeing the world”, funded by the Dutch Cooperation Foundations for Central and Eastern Europe - 2006-2007 - Project director - Vâlsan Maria, value 86954 Euro, member of the implementation team
- Development project - “Teodora Educational Center”, financed by the European Commission through the Phare program - Social Access - 2005-2006 -, value 74430 Euro - member of the implementation team
- Supervisor in the project “YOUR PRACTICE FOR THE EDUCATION OF THE FUTURE” - Project code 33675. Nr. identification of the financing contract / date: POSDRU 60 / 2.1 / S / 33675. Source of financing of the project: European Social Fund "Invest in people". Sectoral Operational Program Human Resources Development 2007 - 2013. Main partner: Western University. Partners: University of Craiova, Department for Teaching Staff Training - implementation team member

## Other skills and competences

- Mobility Project, The Improvement of The Motor Capacities On The Disabled People Using The Dance Methods, CNCSIS Competition: MC / 15 / JUNE 2007, Project Director
- CNCSIS - PN -II IDEAS Program Researching the effects of the use of physical exercise in the prophylaxis and treatment of the metabolic syndrome in adolescents and young people ", 2009-2011, member of the implementation team
- CNCSIS - PN –II Exploring the integrative biological system involved in maximum muscular effort, responsible partner University of Craiova. Program PRIORITY PARTNERSHIPS 2009-2011, member of the implementation team
- Dance, Stage Movement.
  
- 2003 - 2005 Director of *Aerobics with Germina* broadcast during the show From 8 to 10 of the Oltenia TV television.
- 2005-2006 Producer of the Aerobics section broadcast in the show *Buna dimineața* of the television station 3 TV Craiova.
- 2010-2013 - co-director of the *Sport Arena* show within Radio Oltenia Craiova.
- 2007- director of choreography and stage movement within the international project Europa Dissart;
- 2007- Collaboration with the MARIN SORESCU National Theater Craiova for the realization of the stage movement for the play *CANTA MAICA-MEA ÎN FAR*, directed by Alexandru Boureanu;
- 2010 - the award for the best choreographic composition of the National Dance Festival "Polidans Fest" Bucharest;
- 2011 - Award for the best performance at the National Dance Festival "Polidans Fest" Bucharest;
- 2012 - Award for the best artistic performance at the National Dance Festival "Polidans Fest" Bucharest;
- 2013 - Special prize of the jury National Dance Festival "Polidans Fest" Bucharest;
- 2015- Special prize of the jury of the National Dance Festival "Polidans Fest" Bucharest;
- 2017- Award for the best performance at the National Dance Festival "Polidans Fest" Bucharest

## Publications

- 2 books as a single author
- 1 book chapter in international publishing (A1)
- 6 books as a co-author
- 2 course materials for the license cycle
- 1 course support for the master cycle
- Over 150 articles and publications in international scientific journals and conferences, indexed by ISI / BDI or published in conference volumes.

## Affiliations

- IOHSK member
- IASK member
- CSSR member
- Founding member of PROEFS
- ALDO-CET member
- Founding member of AS Fabrica de Volei
- SSEUSU member

Prof.PhD. Germina-Alina Cosma